

# Fifty PLUS

WINTER | 2023

Columbus Recreation and Parks Department's  
newsletter for *residents ages 50 and older*

## Register for Winter Session!

Join us for Winter Session to enjoy 50+ programs and activities, including dance, fitness and arts classes, wellness workshops and access to fitness rooms. While most classes are available in person, some are offered virtually; check with your center directly for details.

### Registration Starts:

**Tuesday, Jan. 3, 2023, at 12:30 p.m.**

### Session Dates:

**Jan. 9 – March 11**

Search and register for activities via [Activenet](#), our online registration system. Contact your community center with any questions.

All centers will be closed for the following holidays:

**Monday, Dec. 26 – Christmas (Observed)**

**Monday, Jan. 2 – New Year's Day (Observed)**

**Monday, Jan. 16 – Martin Luther King Jr. Day**

**Monday, Feb. 20 – Presidents Day**

Continue to enjoy our parks and trails, which provide a safe and accessible way to stay active and give you lots of opportunities to enjoy time outdoors. Even outside, it is important to follow all safety protocols – practice social distancing, clean your hands often with soap and water or hand sanitizer, and stay home if you're not feeling well.

Be sure to check our new website frequently for the most up-to-date information on programs and activities, at [ColumbusRecParks.com](#).

## Q Inside this Issue

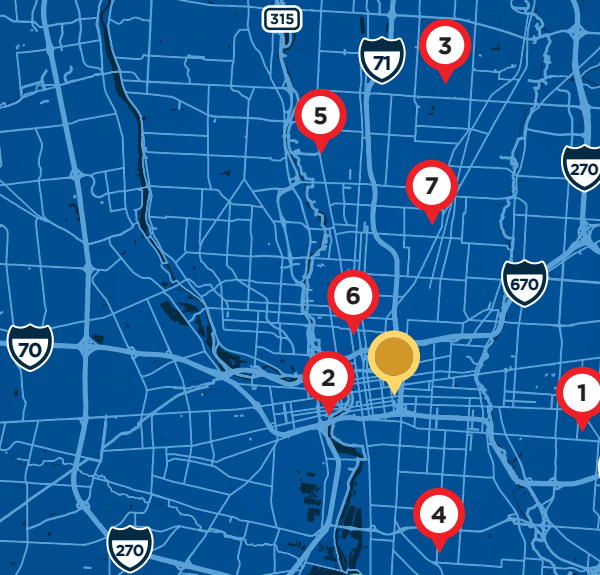
### NEWSLETTER UPDATE REMINDER!

The 50+ newsletter will now be published on the same schedule as our programming sessions. This means that the newsletter will now be coming your way on the following schedule:

- **Spring Session** - Mailed/Published in late March
- **Summer Session** - Mailed/Published in late May
- **Fall I and II Session** - Mailed/Published in late August
- **Winter Session** - Mailed/Published in late December

# Fifty PLUS

Of Columbus Recreation and Parks Department's 28 community centers, several sites offer enhanced programming tailored for residents ages 50 and older.



1

## **BARNETT COMMUNITY CENTER**

1184 Barnett Rd. | 43227  
614-645-3065

5

## **WHETSTONE COMMUNITY CENTER**

3923 N. High St. | 43214  
614-645-3217



## **CENTRAL OHIO AREA AGENCY ON AGING (COAAA)**

3776 S. High St. | 43207  
614-645-7250

Call for additional information

2

## **DODGE COMMUNITY CENTER**

667 Sullivant Ave. | 43215  
614-724-8151

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## **THOMPSON COMMUNITY CENTER**

1189 Dennison Ave. | 43201  
614-645-3082



## **GOLDEN HOBBY GIFT SHOP**

549 Franklin Ave. | 43215  
614-645-8329

Hours: Tuesday-Saturday,  
10 a.m.-4:30 p.m.,  
Sunday, 1-4 p.m.

3

## **GILLIE COMMUNITY SENIOR CENTER**

2100 Morse Rd. | 43229  
614-645-3106

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## **LINDEN COMMUNITY CENTER**

1350 Briarwood Ave. | 43211  
614-645-3067

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## **MARION FRANKLIN COMMUNITY CENTER**

2801 Lockbourne Rd. | 43207  
614-645-3612



## GOLDEN HOBBY GIFT SHOP

Handcrafted goods created  
by local senior artists.

### LOCATION

549 Franklin Ave.  
Columbus, OH 43215

### HOURS

**Tuesday-Saturday**  
10 a.m.-4:30 p.m.

**Sunday**  
1-4 p.m.

### CONTACT

(614) 645-8329



## Sustainable Housing

One of the many issues that Central Ohio Area Agency on Aging (COAAA) is working to help seniors with is the topic of sustainable housing. Many seniors are finding themselves in precarious positions within the past two years, as housing and rent costs have climbed far above the rate that incomes have increased. The COAAA Housing Assistance Program regularly receives calls from our elderly community members who tell us that their landlords are increasing their rent, sometimes hundreds of dollars higher than their income, and that they have little say in the matter. While it's true that landlords

and property managers are legally able to raise monthly rents at the time of a new lease signing, it rarely is legal mid-lease, and seniors do have recourse in that case. Two agencies helping seniors with this situation are Community Mediation Services and the Legal Aid Society of Columbus.

What can you do if your landlord informs you that in a month, your new rent amount will increase by \$200? First, if you can afford the change, you can sign a new lease and begin your search for a new apartment at the end of your lease. Often senior apartment complexes have lengthy wait lists, and the sooner you can apply and be put on those wait lists, the more choices you will have when you decide to move. Second, you can reach out to the agencies mentioned above to determine if you have

the grounds to fight the increase. Third, you can request a copy of the COAAA Housing and Home Repair Guide, available on our website, or to be mailed to you from our staff upon request. This guide has an extensive list of the senior subsidized complexes in the region we serve; a subsidized complex means that your rent will be 30 percent of your monthly income, similar to a Section 8 Housing Voucher.

If you have questions about housing and how to make sure you are able to live sustainably in the community, don't hesitate to contact the Housing Assistance Program at COAAA for more information. Our staff are happy to answer questions, screen for various community assistance programs and make referrals as needed.



# CENTER NEWS

Register online for classes at **ColumbusRecParks.com**. If you have difficulty registering on your own, call or stop by the center of your choice, and staff will help you get registered.

All classes are free, except where indicated. Class fees will vary according to the instructor. Be sure to check with your class instructor for details. All schedules are subject to change. Some classes are taking place virtually. Please call your center to confirm which classes are in person and which ones are virtual.

The health and safety of participants and staff is our top priority. Although most of the governing COVID-19 guidelines have been lifted at this time, we continue to follow some protocols to help best provide a safe space for all.

- Registration and class size may be limited.
- Participants are asked to stay home if you are feeling sick (cough, fever, nausea, runny nose, etc.).

- Face coverings are optional for all City of Columbus employees, registered participants and visitors to City buildings. Masks may be available at the center.
- We continue to encourage social distancing – staying six feet away from others, especially around vulnerable populations.

## Barnett

1184 Barnett Road,  
Columbus, OH 43227, 614-645-3065

### ANNOUNCEMENTS

#### MONTHLY BINGO

**The third Thursday of the month from 11 a.m.-1 p.m.**

Registration: On-site in person

#### LIFECARE ALLIANCE MEALS

**The third Thursday of the month at 11 a.m.**

Free to anyone, must pre-register in advance at the center.

#### PRODUCE GIVEAWAY

**The second Friday of the month at 3 p.m.**

### PROGRAMMING

*Days and times TBA.*

Stay Young, Stay Fit Program

Beginning Line Dance

Cardio Boxing

Intermediate Line Dance

Ceramics (Fee to be determined)

Social Sewing

Walk & Row

Gentle Stretch and Relaxation

Chair Fitness

Senior Spin

Women's Self Defense

Core

Strength and Balance

## Dodge

667 Sullivant Ave., Columbus 43215  
614-724-8151

### ANNOUNCEMENTS

*We will be closed for the following holidays: Jan. 16 for Martin Luther King Jr. Day and Feb. 20 for Presidents Day.*

*AARP Income Tax Assistance will start in February by appointment only. Appointment scheduling begins on Jan. 17. To set up an appointment, call our front desk at 614-724-8151, or stop by the front desk to reserve your appointment time. \*We are in need of volunteers for the front desk to assist with booking appointments, if you are interested, call 614-724-8151.\**



## SENIOR RECREATION COUNCIL (SRC) COMMITTEE MEETING

**Third Tuesday of the month at 1 p.m., Jan. 17, Feb. 21, March 21**

For anyone who would like to join our SRC Committee or who is interested in seeing what the committee is all about, feel free to attend our next meeting.

Our Canteen is back open and running! Come see Ms. Linda every Tuesday and Thursday between 11:30 a.m.-1 p.m. for a delicious home-cooked meal (lunch and dessert). All meals are under \$5!

We are partnering with LifeCare Alliance to provide FREE lunches every Wednesday from 11:30 a.m.-1 p.m. A one-time registration form will need to be filled out. Contact Dodge Community Center for details.

## SENIOR FOOD BOXES

Pickup dates will be announced once we receive the schedule from Mid-Ohio Food Collective. If you or someone you know would like to register and you meet eligibility requirements, call 614-724-8151. We do have a few spots available.

## PRODUCE DROPS

Curbside pickup dates will be announced once we receive the schedule from Mid-Ohio Food Collective.

## GOD'S HYGIENE CLOSET

**Every third Friday of the month from 10 a.m.-5 p.m.**

Each participant will receive six free hygiene or cleaning items. An ID is required.

## UPCOMING PARTIES

**Holiday Party - Free**

**Dec. 9, 11:30 a.m.-1 p.m.**

## HOLIDAY MEAL GIVEAWAY - FREE

**Thursday, Dec. 22, 3-6 p.m.**

## FOR THE LOVE OF BINGO - FREE

**Tuesday, Feb. 14, 11:30 a.m.-1 p.m.**

## HOP INTO BINGO PARTY - FREE

**Tuesday, April 13, 11:30 a.m.-1 p.m.**

## UPCOMING TRIPS

**Jan. 27, 10 a.m., Cost \$7**

Winter Senior Camp at McKnight Outdoor Education Center.

More information will be provided closer to the event.

## FRIDAY ON THE TOWN!

**March 24, 10 a.m., Cost \$7**

Bring additional money for lunch and/or shopping. More information will be provided closer to the event.

**\*\*Our Red Hat ladies are always looking for new members to join – Trips are on the third Thursday of the month. Please give our community center a call for more information\*\***

## FITNESS ROOM

*Membership fees:*

*\$10 per session (Jan. 9 – March 11)*

*\$40 for an annual pass.*

*If you have Silver Sneakers, Renew Active or Silver and Fit, your fitness room fee is waived.*

## Gillie

2100 Morse Road,  
Columbus 43229, 614-645-3106

## ANNOUNCEMENTS

*Gillie will be closed Friday, Jan. 1-2,*

*for New Year's Day, Monday, Jan. 16, for Dr. Martin Luther King Jr. Day and Monday, Feb. 20, for Presidents Day.*

## AARP INCOME TAX ASSISTANCE

**Wednesdays Only, Feb.**

**1-April 12, 9 a.m.-3 p.m.**

By appointment only, call 645-3106 or stop at the front desk beginning Monday, Jan. 23, to reserve your time

## CELEBRATING 22 YEARS OF FUN!!!!

**Anniversary Week Open House**

**Jan. 23-27**

Join us as we celebrate by opening our doors to the senior public and showing off the many classes and programs that we have to offer. Each day, we will have fun demonstrations of our art, fitness and educational classes. Why not learn a few tips for pickleball or even something new like chair volleyball. We will have cake and ice cream after lunch on Tuesday, Jan. 24, which is our anniversary date. Invite your family and friends.

## VETERANS GROUP

**No meetings in January or February**

## FAT TUESDAY BRUNCH

**Tuesday, Feb. 2, 11:30 a.m.**

Join us as we celebrate Mardi Gras with a pancake brunch special, and dance to some great jazz music provided by our DJ. **No tickets needed, regular prices apply.**

GILLIE

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## ANNUAL LINE DANCE JAMBOREE

**Friday, March 17 (9:30 a.m.**

**check-in), 10 a.m.-3 p.m.**

**Cost: \$18 with lunch or**

**\$12 dance only**

Celebrate the “wearing of the green” by donning your best green outfit, and we’ll have fun, fun and more fun! Enjoy as different instructors from all over the state bring new music and dances. There will be cue/step sheets, great food and wonderful door prizes to round out the day. Group registration is encouraged.

Register by Friday, March 10, for lunch. **THE CANTEEN WILL BE CLOSED FOR THIS EVENT.**

## ST. PATRICK’S DAY LUNCH

**Monday, Oct. 31, 11:30 a.m.**

Wear your green, and join us for some corned beef and cabbage. You could win a prize for your best Irish jig or outfit. **No tickets needed, regular prices apply.**

## JUST ONE PAT! COOKING FOR HEALTH AND HAPPINESS (NEW)

**Cost: TBA**

**Fridays, Jan. 13, 27 and Feb.**

**10, 24, 11 a.m.-12:30 p.m.**

Do you enjoy cooking and want to learn something new? Do you hate to cook, but love to eat? Are you part of the “Watch” society, and need a little help keeping things tasty? Join us as we learn new or improve upon our cooking skills from the head chef of “Savory Sweetness.” Learn new uses for spices and other interesting ingredients. Come join

us, and be surprised. **Register at the front desk, space is limited.**

## BASIC DRAWING WORKSHOP

**Fridays, Jan. 20, 27 and Feb.**

**3, 10, 11 a.m.-12 p.m.**

We all grew up drawing in elementary school, and many of us stopped because we felt it was a talent we did not have. However, drawing is a skill that can be learned, and Linda Jacobs is willing to teach. Sign up, and learn a couple of basics using different mediums, such as markers, pencils and pastels. You will learn how to shade and shadow. You will need to bring your own drawing pad, everything else will be provided. **Sign up at the front desk as space is limited.**

## UKRAINIAN EGG PAINTING WORKSHOP

**Fridays, March 10, 17, 24, 31, 10 a.m.-2 p.m.**

In Ukraine, Easter egg decorating is an important art form that dates back centuries! Known as pysanky, these **Ukrainian Easter eggs** are decorated with stunning motifs often taken from Slavic folk art. Join Val Hinterschied and learn how to make unique and fascinating pieces of art using eggs. All materials provided. **Register at the front desk, space is limited. Cost: TBA, call the center.**

## CLASSES/PROGRAMS!

### BINGO

**Mondays, Jan. 9, 23, Feb. 13, 27, 1 p.m.**

### COFFEE & CONVERSATION

**Mondays, 10 a.m.**

Topic: How do you keep warm during the winter, and what is your favorite comfort food? Come and share some friendly conversation with some center friends. Research shows that strong social connections are necessary for a long, healthy, happy life. Join us to share your thoughts and experiences with others who also want to stay connected.

## HISTORY ROUNDTABLE

**Wednesday, Jan. 12, and Feb. 9, 1 p.m.**

Topic: To Be Announced

## EAT BETTER, FEEL BETTER

**Second Tuesday of the month at 11 a.m.**

Our LifeCare Alliance Nurse Peggy Parisot, RN, presents interesting topics on the foods we eat and how they can both help us and harm us. For the winter session topics, call the center.

## ALZHEIMER’S ASSOCIATION

**Second Tuesdays**

Private consultations from 1:30-4 p.m. for self or caregiver. Call 614-457-6003 to schedule your appointment.

## POET’S CIRCLE

**Wednesdays, beginning Jan. 11, 1:30-3 p.m.**

Are you a poet and don’t know it? Give in to your poetic self, and share your talents of expression through the art of poetry.

## COLUMBUS SPEECH & HEARING

**Thursday, Jan. 19, Feb. 16 and March 16, 10 a.m.-3 p.m.**

Call 614-261-5452 to schedule your appointment.

## UNDERGROUND RAILROAD

**Second and fourth Mondays of the month at 6 p.m.**

**Jan. 9, 23, Feb. 13, 27**

**Second and fourth Thursdays of the month at 1 p.m.**

**Jan. 12, 26, Feb. 9, 23**

We study American history through the eyes of the conductors, agents and freedom seekers who were a part of the Underground Railroad. We will be studying the following topic:  
**History of Gullah/Geechee Culture and the Underground Railroad.**  
You may join us on Zoom if you can't come in person, call 614-645-3106 for Zoom information.

## LIFECARE ALLIANCE WELLNESS CENTER

**Mondays and Tuesdays**

The LifeCare Alliance Wellness Center is open for help with your health care needs. Call Peggy Parisot, RN, at 614-437-2811 for more information and to make an appointment.

## FITNESS ROOM

*Monday and Wednesday,*

*8 a.m.-8:30 a.m.*

*Tuesday, Thursday and*

*Friday, 8 a.m.-4:30 p.m*

## Linden

1350 Briarwood Ave.,

Columbus 43211, 614-645-3067

*For information on 50+ programming, please contact Linden Community Center.*

## Marion Franklin

2801 Lockbourne Road,  
Columbus 43207, 614-645-3160

## ANNOUNCEMENTS

### Winter Session Registration:

Jan. 3, 12:30 p.m. (No Classes)

### Winter Session Begins:

Jan. 9 - March 11, 2023

### Center will be closed:

Jan. 16 (Martin Luther King Jr. Day)  
and Feb. 20 (Presidents Day)

## LIFECARE ALLIANCE MEALS

**Marion Franklin Dining Center (Open)**

**Every Tuesday and Thursday from 11 a.m.-12 p.m.**

*...Nourishing the Human Spirit!*

Weekly registration is required. For more information, contact Scott Sheets at 614-645-3160.

## SRC COMMITTEE MEETING

**Every fourth Monday of the month, 10:30 a.m.**

## BOOK CLUB DISCUSSION (CENTER LIBRARY)

**Second Wednesday of the month, 1:30-4 p.m.**

## VETERANS AFFAIRS/ ACTIVITIES

**Fourth Thursday of the month, 12:30 p.m.**

We Can Help....

The Department of Veterans Affairs runs programs benefiting veterans and members of their families. It offers education opportunities and rehabilitation services and provides compensation payments for disabilities or death related to military service, home loan guarantees, pensions, burials and healthcare that includes the services of nursing homes, clinics and medical centers. Call the center for more information.

## HEALTH & WELLNESS AT MARION FRANKLIN

**Tuesday & Thursday,**

**8 a.m.-4:30 p.m.**

LifeCare Alliance Wellness Center

- Nurse Barbara Parker, RN

Office: 614-645-7173

Voicemail: 614-437-2927

## EAT BETTER, FEEL BETTER

**Monday, Oct. 10, 12-1 p.m.**

Presented by Nurse Barbara Parker, LifeCare Alliance Wellness Center.

Third Tuesday of the month

11:15 a.m.-12:15 p.m.

## COLUMBUS SPEECH & HEARING SERVICES

**Second Thursday of the month**

Services offered: free hearing evaluations, hearing aid fitting and maintenance and follow-up hearing aid services. For more information or to schedule an appointment, call 614-261-5452.

MARION FRANKLIN

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## NUTRITION CLASS WITH OSU-SNAP-ED

Every Thursday, 11 a.m.-12 p.m.  
Free

## Thompson

1189 Dennison Ave.,  
Columbus 43201, 614-645-3082

## ANNOUNCEMENTS

### Winter Session Registration:

Jan. 3, 12:30 p.m.

Winter Session: Jan. 9-March 11

Center will be closed: Jan. 16  
(Martin Luther King Jr. Day) and  
Feb. 20 (Presidents Day)

## ST. PATRICK'S DAY LUNCH AND BINGO

Wednesday, March 15, 12 p.m.

Wear your green, and join us for some  
corned beef, cabbage and potatoes.  
\$7 for lunch only.  
\$10 for lunch and BINGO

## VALENTINE'S DAY LUNCH AND BINGO

Wednesday, Feb. 15, 12 p.m.

\$7 for lunch only.  
\$10 for lunch and BINGO

## BLACK HISTORY MONTH LUNCH AND BINGO

Wednesday, Feb. 22, 12 p.m.

\$7 for lunch only.  
\$10 for lunch and BINGO

## NEW CLASSES COMING WINTER SESSION

Just Figure Drawing  
Drawing and Painting Animals  
Abstract Painting  
Watercolor Painting

## SRC COMMITTEE MEETING

Every third Thursday of  
the month, 11 a.m.

## SENIOR FOOD BOXES

If you are registered for  
food boxes, check with the  
center regarding pick-up.

Check the center for  
upcoming trips.

## Whetstone

3923 N. High St.,  
Columbus 43214, 614-645-3217

## FOLK DANCERS (MUST REGISTER)

Mondays at 7-8:30 p.m.

## PICKLEBALL (MUST REGISTER)

Tuesdays at 8:45 a.m., Wednesday  
at 8:45 a.m., Thursday at 8:45 a.m.

## WII BOWLING (MUST REGISTER)

Tuesday at 10:30 a.m.

## ART – OPEN STUDIO (MUST REGISTER)

Wednesdays at 11:30 a.m.  
Drawing, painting, mixed media

## BRIDGE CLUB (MUST REGISTER)

Thursdays at noon

## EUCHRE (MUST REGISTER)

Thursday and Fridays at noon

(\$2 fee)

## FEARLESS FALLING (MUST REGISTER)

Fridays at 10:45 a.m. (\$30 fee)

Falls prevention and how to  
fall safely exercise class.

Check the center for special events  
and trips for the Winter Session.

## MONDAY

10 a.m.

Pickleball (Sports Pass Required) \$10

Noon

Canasta

5:30 p.m.

Zumba Tone

7 p.m.

Folk Dancing

## TUESDAY

9 a.m.

Chair Aerobics

10 a.m.

Pickleball (Sports Pass Required) \$10

10:30 a.m.

Wii Bowling

6 p.m.

(1st and 3rd Tuesday of the Month)  
Woodcarvers

## WEDNESDAY

9 a.m.

Chippers Woodcarving

11:30 a.m.

Art-Open Studio 50+



**1 p.m.**

Pickleball League

**2 p.m.**Central Ohio Push-Hands  
(martial art – Tai Chi for two)**6 p.m.**

Fearless Falling

**THURSDAY****12 p.m.**

Bridge Club (must register)

**12 p.m.**

Euchre (must register) Cost: \$2

**5 p.m.**

Yang Style Tai Chi

**FRIDAY****9:30 a.m.**

Mindful Yoga Level 1

**9:30 a.m.**

Fearless Falling

**10 a.m.**

Pickleball (Sports Pass Required) \$10

**12 p.m.**

Euchre

**SATURDAY****9:30 a.m.**

Mindful Yoga Level 2

**2 p.m.**Central Ohio Push-Hands  
(martial art – Tai Chi for two)

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# Are You at Increased Risk of Getting Pneumococcal Pneumonia?

BY STATEPOINT MEDIA

Pneumococcal pneumonia is a potentially serious bacterial lung disease that can be contracted any time of year. In fact, according to the Centers for Disease Control and Prevention (CDC), pneumococcal pneumonia causes 150,000 annual hospitalizations nationwide. It can even be life-threatening in serious cases.

To help reduce the burden of this lung disease, the American Lung Association and Pfizer are partnering to share important facts about pneumococcal pneumonia for adults 65 or older and adults 19-64 with certain underlying health conditions. Here's what to know:

What is pneumococcal pneumonia? Many people think pneumococcal pneumonia is a cold or the flu, but it's not. Pneumococcal pneumonia is caused by bacteria that live in the upper respiratory tract, and it can spread to others through coughing or close contact. Common symptoms include high fever, excessive sweating, shaking chills, coughing, difficulty breathing, shortness of breath and chest pain. Some symptoms can appear quickly and without warning.

Who is at risk? While anyone can get pneumococcal pneumonia, some people are at higher risk of getting severely ill, including those

19 or older with certain medical conditions such as asthma, COPD, chronic heart disease or diabetes, and adults who smoke cigarettes. Additionally, even healthy adults 65 and older are at increased risk because the body's immune system naturally weakens with age. Visit [Lung.org/pneumococcal](https://www.lung.org/pneumococcal) to take a two-minute quiz to determine if you are at elevated risk.

How can you help prevent pneumococcal pneumonia? The CDC recommends pneumococcal pneumonia vaccination for adults 19 or older with certain underlying medical conditions, and for adults 65 or older. Unlike the flu shot, you don't need pneumococcal vaccination every year. Your healthcare provider can help you determine when you should be vaccinated against pneumococcal pneumonia. Infection can strike anytime, anywhere, in any season, so now is the time to talk to a healthcare provider about pneumococcal vaccination.

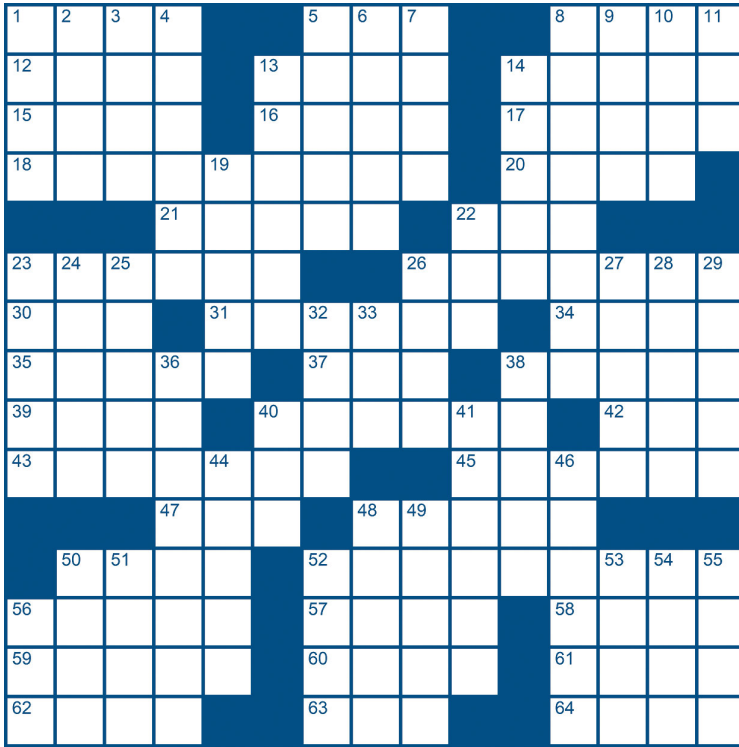
"Low vaccination rates leave far too many people vulnerable to pneumococcal pneumonia," states Dr. Albert Rizzo, chief medical officer for the American Lung Association. "Keeping up to date with vaccinations is important for everyone, especially those living with chronic health conditions such as asthma or diabetes."

For additional information and resources, visit [Lung.org/pneumococcal](https://www.lung.org/pneumococcal).

Pneumococcal pneumonia is a potentially serious disease you shouldn't ignore. Fortunately, you can help protect yourself by asking your doctor or pharmacist about vaccination.



## THEME: Holiday Movies



© StatePoint Media

## ACROSS

1. Concert units
5. \*Kevin to Buzz in "Home Alone"
8. Emphatic no
12. Phyllo, alt. sp.
13. Chicken of the sea?
14. a.k.a. papaya
15. Biblical firstborn
16. Aquarium show star
17. Type of squash
18. \*Like George Bailey's life
21. Aggregate
22. Gangster's gun
23. \*Mount Crumpit's misanthrope
26. They refuse to believe
30. \*\_\_\_ Howard, directed a movie about #23 Across
31. High regard
34. Like dental exam
35. Bullying, e.g.
37. Popular deciduous tree

38. Kaa of "The Jungle Book"
39. Cleopatra's necklace
40. \*Like characters in Will Ferrell's famous Christmas movie
42. Use a Singer
43. Continuing forever
45. Wonder Woman's ability to fly, e.g.
47. Galley propeller
48. Type of consonant
50. Corner chess piece
52. \*Nicolas Cage's character gets a glimpse of a different life (2 words)
56. Like famous Moulin
57. Computer image
58. French money
59. Alleviated
60. Target of a joke
61. Iditarod ride
62. \*Nick Claus' brother, a repossession agent
63. Famous frat house
64. Black and green brews
19. Master of ceremonies
22. Engagement symbol
23. Prepare carrots, sometimes
24. R2-D2, e.g.
25. Accustom
26. Bruce Willis' ex
27. Use the blunt pencil tip
28. Autumn laborer
29. Lots and lots
32. Regale with a tale, e.g.
33. \*Human from North Pole comes to NYC
36. \*Bill Murray movie, inspired by Charles Dickens
38. Water-covered sandbank
40. Corncob
41. Orthopedic device
44. In the buff
46. Dryest, as in humor
48. Vacuum, pl.
49. Be theatrical
50. Katy Perry's 2013 hit
51. Yorkshire river

**DOWN**

1. Not many (2 words)
2. Japanese soup
3. Architectural drawing
4. Sudan, in French
5. Rides the wave
6. Ear bone, a.k.a. anvil
7. Jezebel's idol
8. \*Griswold family's  
pastime
9. Epic poem
10. Waterproof canvas
11. Part of B.Y.O.
13. Synagogue scrolls
14. Like a Druid
54. Pi times square of radius
55. Show of agreement, pl.
56. Game of



## Know the Facts: Older Adults and COVID-19

- Risk for severe illness with COVID-19 increases with age, with older adults at highest risk.
- Certain medical conditions can also increase risk for severe illness.
- People at increased risk, and those who live or visit with them, need to take precautions to protect themselves from getting COVID-19.

### COVID-19 VACCINE

Ohio is distributing safe, effective COVID-19 vaccines statewide in phases.

#### The vaccine:

- Does not give you COVID-19.
- Will not cause you to test positive on COVID-19 tests.
- Does not alter your DNA.
- Does not contain fetal or human cells.
- Does not contain pork or animal products.
- Does not contain a tracking device.

### FIND A COVID-19 VACCINE PROVIDER

Check with your health care provider, local pharmacy or health department to see if they have vaccines available. Columbus and Worthington

residents can call Columbus Public Health at 614-645-1519 to check on vaccine availability. To see a listing of COVID-19 vaccine providers in Ohio, visit [coronavirus.ohio.gov](https://coronavirus.ohio.gov).

#### Recommended resources:

##### Centers for Disease Control

Phone: 800-232-4636

Web: [cdc.gov/coronavirus/2019-ncov](https://cdc.gov/coronavirus/2019-ncov)

##### Ohio Department of Health

Phone: 1-833-427-5634

Web: [coronavirus.ohio.gov](https://coronavirus.ohio.gov)

##### Columbus Public Health

Phone: 614-645-1519

Web: [columbus.gov/coronavirus](https://columbus.gov/coronavirus)