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RECREATION AND PARKS DEPARTMENT

Columbus RecParks.com

# Fall 1 Program Schedule (Sept 11- Oct 21)

Beatty Community Center 614-645-3218/Capital Kids 645-3635 (Mon-Fri Afterschool Program)

<u>Program</u>	<u>Ages</u>	<u>Time</u>	<u>Location</u>	Class #	<u>Instructor</u>	<u>Fee</u>
Adult Boxing (Boxing Membership Required) (Mon/Tue/Wed/Thu/Fri)	Adult	10:30am-1:30pm	Boxing Room	98271	Mr. Page	\$15 (whole session)
Open Billiards/Cards (Mon/Tue/Wed/Thu/Fri)	Adult/50+	10:00am-2:00pm	Game Room	N/A	N/A	<u>Free</u>
Senior Fun & Fitness (Mon/Wed)	50+	10:30pm-12:00pm	Multipurpose Room	98273	Ms. Destiny	<u>Free</u>
*Afterschool Rec Club (ARC) (Mon/Tue/Wed/Thu/Fri)	10Y-14Y	3:00pm-5:45pm	Multipurpose Room	98273	Ms. Red	<u>Free</u>
The Dance Lab (Mondays)	9Y-12Y	5:00pm-6:30pm	Multipurpose Room	98474	Mr. Chris	<b>\$20</b> (disc. avail.)
Line Dance (Mondays)	Adult	6:00pm-7:30pm	Gymnasium	98483	Pickett Sisters	<u>Free</u>
Adult/50+ Open Basketball (Sports Pass Required) (Tue/Thu)	Adult/50+	9:00am-12:00pm	Gymnasium	98497	N/A	\$10 (whole session)
50+ Senior Sewing/Activities (Tue/Thu)	50+	10:30am-12:30pm	Art Room	98494	Self-led	<u>Free</u>
Chess Club with The Royal Oak Initiative (Tuesdays)	8Y-17Y	4:00pm-5:00pm	Game Room	98496	ROI Staff	<b>\$20</b> (disc. avail.)
Youth Boxing (Tue/Thu)	8Y-12Y	4:30pm-6:00pm	Boxing Room	98498	Coach Anderson	<u>Free</u>
Girls on The Run (Tue/Thu)	Grades 3-5	5:00pm-6:30pm	Multipurpose Room	98502	Ms. Destiny	<u>Free</u>
The Dance Lab (Tuesdays)	13Y-17Y	5:00pm-6:30pm	Multipurpose Room	98504	Mr. Chris	<b>\$20</b> (disc. avail.)
Teen Boxing (Tue/Thu)	12Y-17Y	6:00pm-7:30pm	Boxing Room	98506	Coach Dwight	<u>Free</u>
Outdoor Tennis (Tuesdays)	Adult	6:00pm-7:30pm	Tennis Courts	98569	Mr. Hughes	<u>Free</u>
Youth Fitness (Wednesdays)	8Y-17Y	6:00pm-7:00pm	Fitness Room	98570	Mr. Hughes	<u>Free</u>









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Teen Cards/Games (Wed/Fri)	12Y-17Y	6:00pm-7:30pm	Game Room/Lobby	N/A	Staff	<u>Free</u>
Adult Pickleball (Sports Pass Required) (Wednesdays)	Adult	6:00pm-7:45pm	Gymnasium	98571	Staff	\$10 (whole session)
T.I.P. (Teen Impact Program) (Thursdays)	12Y-17Y	3:00pm-5:00pm	Gym/Classroom	TBD	T.I.P. Staff	<u>Free</u>
Basketball Clinic (Thursdays)	6Y-9Y	5:30pm-6:30pm	Gymnasium	98572	Mr. Hughes	<u>Free</u>
Basketball Clinic (Thursdays)	10Y-14Y	6:30pm-7:30pm	Gymnasium	98573	Staff	<u>Free</u>
Adult Pickleball (Sports Pass Required) (Fridays)	Adult/50+	9:00am-12:00pm	Gymnasium	98571	Staff	\$10 (whole session)
Bingo/LifeCare Alliance Meals (Fridays)	50+	11:30pm-1:00pm	Multipurpose Room	98574	Staff	<u>Free</u>
General Arts & Crafts (Fridays)	6Y-12Y	5:30pm-6:30pm	Art Room	98575	Ms. Red	<u>Free</u>
Adult Open Gym (Sports Pass Required) <b>(Fridays)</b>	Adult	6:00pm-7:30pm	Gymnasium	98576	Staff	\$10 (whole session)
Adult Pickleball (Sports Pass Required) (Saturdays)	Adult/50+	9:00am-11:00am	Gymnasium	98571	Staff	\$10 (whole session)
Family Time Open Gym Activities (Saturdays)	Parent/child	11:00am-12:30pm	Gymnasium	98577	Staff	<u>Free</u>
Youth Open Gym (Saturdays)	6Y-17Y	1:00pm-3:00pm	Gymnasium	N/A	Staff	<u>Free</u>

<sup>\*</sup>Beatty Afterschool Program will be a combination of an afterschool meal provided by Children's Hunger Alliance, homework help/reading, a game or activity, and/or an art/craft component.

The Ohio State University Wexner Medical Center has a great Exercise is Medicine (EIM) Program here at Beatty. The EIM program is intended to increase exercise levels for those whom it could benefit. The EIM program consists of 3 one-on-one and 16 group exercise sessions. Staff will provide personalized and safe exercise programming. The EIM program is a great way to improve your health, participate in the community, and best of all is **FREE**. Gifts given for beginning and completion of program. Program requires doctor referral. See staff for doctor referral form and more details.







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## Important Dates:

Sept 4<sup>th</sup> - Center Closed – Labor Day
Sept 5<sup>th</sup> - Fall 1 class registration opens
Sept 11<sup>th</sup> - Fall 1 classes begin
Sept 12<sup>th</sup> - Community Dinner and resources by Cancer Support Community
Sept 29<sup>th</sup> - Family Fun Night 5:30-7:00pm
Oct 21<sup>st</sup> - Fall 1 session ends
Oct 23<sup>rd</sup> - Fall 2 class registration opens
Oct 27<sup>th</sup> - Halloween Party 5:30-7:30pm

### **FITNESS ROOM:**

Beatty is a part of the Recreation & Parks Department "Get Active" Fitness Rooms. Membership rates are as follows: \$15.00/session(~8 weeks) or \$60/year for ages 18-49: \$10.00/session or \$40/year for age 50+. Ages 14-17 are free BUT must be accompanied by a paid parent/guardian to use the fitness room. No children under the age of 18 are allowed in the fitness room unsupervised. No children under the age of 14 allowed in the fitness room unless they are part of a class.

#### **SPORTS PASS:**

Good for any adult open play activities (Badminton, Pickleball, Volleyball, Basketball) at <u>ANY</u> CRPD center that offers these programs. Cost is \$10 per session (winter, spring, summer, fall 1, fall 2) and you must have an account and be registered and paid in order to participate! Please see the center staff if you have any questions!





