

# Linden Community Center



## Center Hours

SUN  
MON  
TUE  
WED  
THU  
FRI  
SAT

## Location / Contact



THE CITY OF  
**COLUMBUS**  
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS  
DEPARTMENT

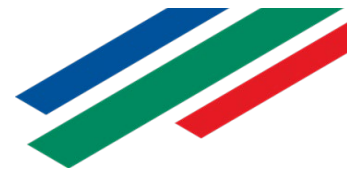
[ColumbusRecParks.com](http://ColumbusRecParks.com)

# Fall 2 Program Schedule

Linden Opportunity Center Update: 5/3/23



<u>DAY</u>	<u>#</u>	<u>CLASS NAME</u>	<u>BEGINS</u>	<u>ENDS</u>	<u>START</u>	<u>END</u>	<u>AGE</u>	<u>INSTRUC TOR</u>	<u>FEE</u>
<b>ADULT &amp; SENIOR PROGRAMS</b>									
M-Fr	N/A	Walking Track	10/30	12/15	8:00am	8:00pm	18+	N/A	Free
M-Fr	N/A	Fitness Room (Fitness Pass Required)	10/30	12/15	8:00am	8:00pm	18+	N/A	Annual: \$60/\$40 Session:\$15/ \$10Daily \$1
M/W/ F	N/A	Adult Open Pickleball (Sports Pass Required)	10/30	12/15	12:00pm	2:00pm	18+	N/A	\$10
M		Intro to Pickleball	10/30	12/11	11:00am	12:00pm	18+	Dan	FREE
M		Cycling + Fitness	10/30	12/11	5:30pm	6:30pm	18+	Ms. Juanita	FREE
M		Adult Sewing (Beginner)	10/30	12/11	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
Tu/Th /Sa		Adult Open gym basketball (Sports Pass Required)	10/31	12/16	10:00am	11:30pm	18+	N/A	\$10
Tu		Eat Smart! Live Strong! Senior Nutrition	10/31	12/12	10:00am	11:00am	50+	Ms. Moore	FREE
Tu		Adult Ceramics (Clay)	10/31	12/12	5:30pm	7:30pm	18+	Kayla Gifford	FREE
Tu		Adult Sewing (Intermediate)	10/31	12/12	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
W/F		Life Care Alliance Senior Meals	11/1	12/15	11:00am	12:30pm	55+	N/A	FREE
W		40+ Double Dutch	11/1	12/13	6:00pm	8:00pm	40+	Volunteer	FREE
W/F		Line Dance	11/1	12/15	10:00am	12:00pm	50+	Mr. Bernard	FREE
W		Senior Bingo	11/1	12/13	11:30	1:00pm	50+	Ms. Valeria Davis	FREE
W		Adult Sewing (Beginner)	11/1	12/13	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
W		Adult Fitness	11/1	12/13	5:00pm	6:00pm	18+	Ms. Juanita	FREE



# Fall 2 Program Schedule

Linden Opportunity Center Update: 5/3/23

Th		Adult Sewing (Intermediate)	11/2	12/14	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
Fr		Senior Fitness	11/3	12/15	10:00am	11:00am	50+	Mikey	FREE
Sa		40+ Double Dutch	11/4	12/16	10:00am	11:00am	40+	Volunteer	FREE
Sa		Music Production/Recording	11/4	12/16	11:00am	2:00pm	18+	Akeem Towns	FREE
Sa		African Movement	11/4	12/16	12:00pm	1:30pm	18+	Yvonne Mumin	FREE
Sa		Family ART Workshops w/Tala	11/4 ONLY	12/9 ONLY	10:00am	1:00pm		Tala	FREE Sessions (11/4, 12/9)
<b>YOUTH &amp; TEEN PROGRAMS</b>									
M-Fr		After School Rec Club (ARC)	10/30	12/15	3:30pm	5:30pm	6-14yr	CRPD Staff	FREE
M-F		Afterschool Meals	10/30	12/15	3:00pm	5:00pm	6-17yr	CRPD Staff	FREE
M		TCI Pre-K Gymnastics	10/30	12/11	4:00pm	4:30pm	4-5yr	TCI staff	\$45 (Play Eligible)
M		TCI Beginner Tumbling	10/30	12/11	4:30pm	5:30pm	6-14yr	TCI staff	\$65 (Play Eligible)
M		Basketball Skills and Drills 6U	10/30	12/11	6:00pm	6:45pm	5-6yr	Kayla	FREE
M		Elegant Divas	10/30	12/11	4:00pm	6:00pm	6-12yr	CPRD Staff	FREE
M		Music Production/Recording	10/30	12/11	5:00pm	7:00pm	13-17	Akeem Towns	FREE
M/W		Parable Project	10/30	12/13	3:00pm	4:30pm		Jason	
Tu		Capoeira Self Defense	10/31	12/12	6:00pm	7:00pm	5-11yr	Joseph Lewis	\$25 (Play Eligible)
Tu		Capoeira Self Defense	10/31	12/12	7:00pm	8:00pm	12+	Joseph Lewis	\$25 (Play Eligible)



# Fall 2 Program Schedule

Linden Opportunity Center Update: 5/3/23

Tu		Basketball Skills and Drills 8U	10/31	12/12	6:00pm	7:00pm	7-8	CRPD Staff	FREE
Tu		Basketball Skills and Drills 10U	10/31	12/12	6:00pm	7:00pm	9-10	CRPD Staff	FREE
Tu	-	Intro to Guitar practice	10/31	12/12	4:00pm	6:00pm	9-17yr	KIRK Horn Music	FREE
Tu	-	Intro to Bass practice	10/31	12/12	4:00pm	6:00pm	9-17yr	KIRK Horn Music	FREE
Tu	-	Intro to Vocal practice	10/31	12/12	4:00pm	6:00pm	9-17yr	KIRK Horn Music	FREE
Tu	-	Intro to Keyboard practice	10/31	12/12	4:00pm	6:00pm	9-17yr	KIRK Horn Music	FREE
Tu		Cricut Creative Learning	10/31	12/12	5:00pm	6:30pm	8-17yr	Shardell Suber	FREE
Tu/Th		Intro to Dance	10/31	12/14	6:00pm	7:00pm	7+	CPAA	\$25 (Play Eligible)
Tu/Th		Majorette Skills	10/31	12/14	7:00pm	8:00pm	7+	CPAA	\$25 (Play Eligible)
W	99850	TIP (Teen Impact Program) BOYS	11/1	12/13	6:00pm	8:00pm	13-17yr	TIP STAFF	FREE
W	99851	TIP (Teen Impact Program) GIRLS	11/1	12/13	6:00pm	8:00pm	13-17yr	TIP STAFF	FREE
W		Basketball Skills and Drills U12	11/1	12/13	6:00pm	7:00pm	11-12	CRPD STAFF	FREE
W		Basketball Skills and Drills U14	11/1	12/13	6:00pm	7:00pm	13-14	CRPD STAFF	FREE
W	-	KIRK Horn Music Band	11/1	12/13	4:00pm	7:00pm	9-17yr	KIRK Horn Music	FREE





# Fall 2 Program Schedule



Linden Opportunity Center Update: 5/3/23

W/F		Sporties for Shorties	11/1	12/15	10:00am	10:30am	3-5yr	CRPD Staff	FREE
W		Open Game Room	11/1	12/13	5:00pm	6:00pm	6-12yr	CRPD Staff	FREE
Th		Basketball, Speed & Agility Conditioning	11/2	12/14	5:00pm	6:00pm	10-17yr	Mr. Ian	FREE
Th		Girls basketball Skills and Drills	11/2	12/14	6:00pm	7:00pm	8-14yr	Shardell Suber	FREE
Th		STEMtastic (Gymnastics)	11/2	12/14	5:00pm	6:00pm	4-10yr	Y without Walls	FREE
Th		STEMtastic (Gymnastics)	11/2	12/14	6:00pm	7:00pm	11-17yr	Y without Walls	FREE
Th		Teen Media/TicTok Class	11/2	12/14	5:00pm	6:30pm	8-17yr	Shardell Suber	FREE
Th		ART	11/2	12/14	4:30pm	6:00pm	9-15yr	Mrs. Tori	FREE
F		Teen Open Gym	11/3	12/15	6:00pm	7:30pm	13-17yr	CRPD Staff	FREE
Sa		LMBG (Entrepreneurship)	11/4	12/16	10am	12pm	10-17yr	CPAA	1 <sup>st</sup> & 3 <sup>rd</sup> Saturday of the Month FREE
Sa		Brown Girls Mentoring	11/4	12/16	12:00pm	2:00pm	5-13yr	Brown Girls Mentoring	1 <sup>st</sup> & 3 <sup>rd</sup> Saturday of the Month \$40 (PLAY Eligible)

# Fall 2 Program Schedule

Linden Opportunity Center Update: 5/3/23



	<p>WIC is a supplemental nutrition program for women (pregnant, postpartum and breastfeeding), infants and children up to 5 years old. WIC provides nutrition education, nutritious foods, and breastfeeding education and support.</p>
	<p>Expand access to high-quality Women's Health and Primary Care clinical services for Linden residents regardless of ability to pay. Improve the health of the Linden population through addressing Social Determinants of Health via Care Management and Community Health Workers. Establish learning partnership with Linden Opportunity Center to grow clinical and Social programming to appropriately address needs of the community.</p>
	<p>When trauma happens to one, it happens to all of us. You don't have to heal from trauma alone. A social worker will connect you with resources based on your personal needs. For more information learn more at <a href="http://www.columbus.gov/CARE">www.columbus.gov/CARE</a>.</p>
	<p>Healthy Neighborhoods Healthy Families (HNHF) focuses on creating positive health outcomes in the community. Our work with Economic Development is a crucial part of neighborhood revitalization creating the opportunity for residents to obtain stable employment at a livable wage. Essential career services are provided to unemployed and low-income residents. These services include individualized career planning, employment skills training, job placement, and retention services.</p>
	<p>Created in 2011, by former Mayor Michael B. Coleman, the mission of the APPS program is to reduce crime and violence by increasing protective factors in the lives of Columbus youth and young adults (ages 14-23) through proven prevention and intervention strategies. The initiative's prevention strategies include offering safe and constructive alternatives to violence while youth development professionals provide mentorship through enrichment activities at Linden Community Center.</p>
	<p>COAAA arranges and coordinates services to help individuals with daily living such as homemaking, transportation, home delivered meals, and personal care. COAAA offers education and resources to caregivers, professionals, and the public and advocates for programs and policies that benefit older adults and individuals with disabilities.</p>
	<p>Nationwide Children Proud Parent Program is a FREE program for parents or caregivers for children ages 1 to 7. Build a community by learning from other parents/caregivers and learn skills and techniques for raising young children!</p> <p>  <b>SCAN HERE for more details!</b> </p>



## Fall 2 Program Schedule

Linden Opportunity Center Update: 5/3/23



Nationwide Children's offers FREE training and coaching for community residents, ages 18 and older, designed to help you get a job and grow your career. Scan the QR code to enroll in the BOOST Job Readiness Program



SCAN HERE for more details!

### FITNESS ROOM:

Linden is a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$1/day or \$15.00/session, or \$60/year. For people over the age of 50, each session costs \$1/day or \$10.00/session, or \$40/year. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

### DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickleball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall 1, Fall 2). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

Each participant must be registered and enrolled in a program or class and actively participating. Class Schedules, Dates, and Fees are subject to change. For the most up-to-date information, please visit <https://columbusrecparcs.com/community-center/linden/>.

Mobile Produce Markets: 3<sup>rd</sup> Thursday of each Month 3:00pm-4:00pm

Walk with A Doc: Join a FREE Walk with a Doc neighborhood walking club and take a STEP toward a better health (8/26, 9/23, 10/28)

Trunk or Treat: Thursday, October 26, 2023 5:30-7:00pm

### Closures:

November 1<sup>st</sup>, 2023 11:00am-3:30pm (All Staff Meeting)

November 10<sup>th</sup>, 2023 (Veterans Day Observed)

November 23<sup>rd</sup>, 2023 (Thanksgiving)