



SUN MON TUE WED THU FRI SAT



**THU** 6:00 p.m. 10:00 p.m. **FRI** 6:00 p.m. 10:00 p.m. **SAT** 6:00 p.m. 10:00 p.m.





RECREATION AND PARKS DEPARTMENT

ColumbusRecParks.com

# Fall II Program Schedule



Douglas Community Center Update: 10/3/2023

DAY	Course #	CLASS NAME	Age	<u>Time</u>	INSTRUCTOR	<u>FEE</u>
Monday	99563	Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Monday	99566	Pickle Ball	Senior	8:30 AM – 9:30 PM	Staff	Sports pass \$10
Monday	99565	Life Wise	Youth	9:00 AM – 11:00 AM	Staff	Free
Monday	99557	Douglas ARC	Youth	3:30 PM – 6:30 PM	Staff	Free
Monday	99559	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Staff	Free
Monday	99558	Boxing	Adult	6:00 AM – 8:00 PM	Staff	Boxing Pass \$15
Monday	99556	Volleyball	Adult	6:00 PM – 8:00 PM	Staff	Sports pass \$10
Monday	99571	Extreme Hip – Hop and Step	Adult	6:30 PM – 7:30 PM	Staff	Free
Tuesday	99563	Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Tuesday	100456	Senior Fitness	Senior	8:30 AM – 9:30 AM	Staff	Free
Tuesday	99574	CDC Head Start	PreK	10:00 AM – 11:00 AM	Staff	Free
Tuesday	99554	Adult Basketball	Adult	1:00 PM – 3:00 PM	Staff	Free
Tuesday	99557	Douglas ARC	Youth	3:30 PM – 6:30 PM	Staff	Free
Tuesday	99576	Urban Legends	Teen	4:00 PM – 6:00 PM	Staff	Sports pass \$10
Tuesday	99569	Boys Basketball Practice	Youth	5:00 PM – 6:15 PM	Staff	\$15
Tuesday	99559	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Staff	Free
Tuesday	99558	Boxing	Adult	6:00 AM – 8:00 PM	Staff	Boxing Pass \$15
Tuesday	99555	Adult Basketball	Adult	6:00 PM – 8:00 PM	Staff	Free
Wednesday	99563	Fitness Room	Adult	8:00 AM – 7:30 PM	Staff	\$15
Wednesday	99566	Pickleball	Senior	8:30 AM – 9:30 AM	Staff	\$10
Wednesday	99573	Giggles and Blessing Head Start	Pre K	10:15 AM – 11:15 AM	Staff	Free





# Fall II Program Schedule



## Douglas Community Center Update: 10/3/2023

<u>DAY</u>	Course #	CLASS NAME	Age	<u>Time</u>	INSTRUCTOR	<u>FEE</u>
Wednesday	99560	Hygiene Help	All	11:00 AM – 3:00 PM	Staff	Free
Wednesday	99557	Douglas ARC	Youth	3:30 PM – 6:30 PM	Staff	Free
Wednesday	99558	Boxing	Adult	6:00 PM – 8:00 PM	Staff	Boxing Pass \$15
Wednesday	99555	Adult Basketball	Adult	6:00 PM – 8:00 PM	Staff	Free
Wednesday	99571	Extreme Hip – Hop and Step	Adult	6:30 PM – 7:30 PM	Staff	\$25
Wednesday	99556	Volleyball (Sports Pass Required)	Adult	6:00 PM – 8:00 PM	Staff	\$10
Thursday	99563	Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Thursday	99568	Senior Arts and Crafts	Senior	8:30 AM – 9:30 AM	Staff	Free
Thursday	99574	CDC Head Start	Pre K	10:00 AM – 11:00 AM	Staff	Free
Thursday	99557	Douglas ARC	Youth	3:30 PM – 6:30 PM	Staff	Free
Thursday	99576	Urban Legends	Teen	4:00 PM – 6:00 PM	Staff	Sports pass \$10
Thursday	99569	Boys Basketball Practice	Youth	5:00 PM – 6:15 PM	Staff	\$15
Thursday	99559	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Staff	Free
Thursday	99558	Boxing	Adult	6:00 AM – 8:00 PM	Staff	Boxing Pass \$15
Thursday	99555	Adult Basketball	REAdult J.	G 6:00 PM - 8:00 PM	YOR Staff	Free
Friday	99563	Fitness Room	Adult	8:30 AM – 7:30 PM	RKS Staff	\$15
Friday	100456	Senior Fitness	Senior	8:30 AM – 9:30 AM	Staff	Free
Friday	99560	Hygiene Help	All	11:00 AM – 3:00 PM	Staff	Free
Friday	98694	Adult Basketball	Adult	1:00 AM – 3:00 PM	Staff	Free
Friday	99557	Douglas ARC	Youth	3:30 PM – 6:30 PM	Staff	Free
Friday	99559	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Staff	Free





### Fall II Program Schedule

Douglas Community Center Update: 10/3/2023

DAY	Course #	CLASS NAME	Age	<u>Time</u>	INSTRUCTOR	<u>FEE</u>
Friday	99558	Boxing	Adult	6:00 AM – 8:00 PM	Staff	Boxing Pass \$15
Friday	99570	Teen Basketball	Adult	6:00 PM – 8:00 PM	Staff	Free
Saturday	99563	Fitness Room	Adult	9:00 AM – 3:30 PM	Staff	\$15
Saturday	99560	Hygiene Help	All	10:00 AM – 1:00 PM	Staff	Free
Saturday	99567	School Aged Structured Activities	Youth	10:00 AM – 12:00 PM	Staff	Free
Saturday	9569	Basketball Practice	Teen	11:00 AM – 12:00 PM	Staff	Sports pass \$10
Saturday	99570	Teen Basketball	Teen	2:00 PM – 4:00 PM	Staff	Free

### School's out

#### Fall

November 20<sup>th</sup> – November 25<sup>th</sup> Closed November 24<sup>th</sup>

### Winter

December 20<sup>th</sup> – January 2<sup>nd</sup>
Closed on December 25<sup>th</sup> and January 1<sup>st</sup>

### **FITNESS ROOM:**

At a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$15.00/session, \$60/year, and \$1/day. For people over the age of 50, each session costs \$10.00, or \$40 per year or \$1/day. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

#### **DROP-IN SPORTS PASS:**

Adult open play activities (badminton, pickle ball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall 1, Fall 2). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

### **Douglas Opportunity Center Staff**

Wesley Russell – Manager Frederick Hall – Assistant Manager Chanel Russell – Assistant Manager Eric Childs – Recreation Leader

Calvin Clark Boxing Coach Staron Fludsone A Extreme High-Hop

#### **Fitness Room Hours:**

- Monday: 9:00am 7:30pm
- Tuesday: 9:00am 7:30pm
- Wednesday: 9:00am 7:30pm
- Thursday: 9:00am 7:30pm
- Friday: 9:00am 7:30pm

