

# WE RISE TOGETHER ONE COMMUNITY, ONE TEAM

### **RISE TOGETHER - NOV. 7, 2023**

### SPOTLIGHT ON CONSERVATION

### LEAVE THE LEAVES THIS FALL

As the temperature drops and the leaves continue to fall, we start to make our way inside to stay warm. Wildlife of all types begin to take shelter, too. This fall, leave the leaves to support pollinators-94 percent of moth species rely on the leaf layer to complete their life cycle, and it benefits other insects, amphibians, reptiles, birds and small mammals.

If you don't want to leave the leaves, instead of bagging up the leaves for the landfill, try to chop the leaves with the lawn mower, or use the leaves as mulch by raking them into your landscaping beds or to shaded areas where grass doesn't grow well. You can pile the leaves up and add some sticks on top to prevent the leaves from blowing back into the grass on blustery days. Sticks, stems and seed heads should be left as well to provide habitat and food for wildlife in the cold. Learn more about leaving the leaves this fall.

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### **NEWS AND INFORMATION**

### THANKS FOR ATTENDING THE ALL STAFF MEETING

Last week's All Staff Meeting was a great time for everyone to gather! Please let us know what you liked and how we can make future All Staff Meetings better by <u>completing this short survey</u>.

View photos from the event and check out some photos from the selfie station!

### MANDATORY FIRE DRILL AT 1111 ON NOV. 7

### English 🗸





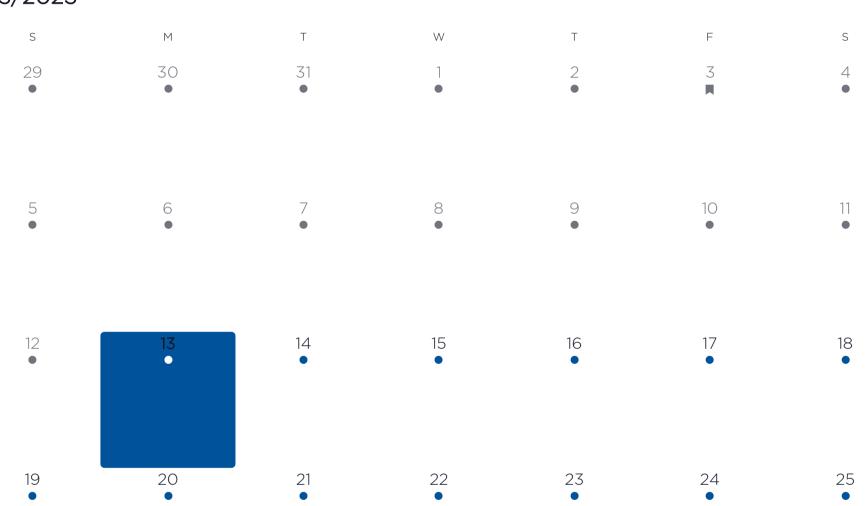
visitors that you may be meeting with here in the building during that time.

### LIFEGUARD'S RED CROSS TRAINING KICKS IN WHEN IT MATTERS MOST

Our lifeguards stand ready to render aid, even when they aren't on the job!

On Oct 25, first-year lifeguard Whitney Staggs saved a man's life on her way to work. A motorcyclist trying to dodge a car fell off his bike and was seriously injured. Luckily, Whitney was on scene, and her Red Cross training kicked in. She checked the victim's pulse and noticed he was bleeding profusely. While another bystander stayed with the victim, Whitney ran to her house and grabbed a tourniquet to slow the bleeding. She kept the victim calm until paramedics arrived to prevent further injury. Whitney reported that she felt calm during the emergency because of her training. Without Whitney's intervention and the Red Cross training she completed to become a lifeguard, the outcome could have been much more dire.

Thank you, Whitney! Your dedication to residents knows no limits!



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30

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### 11/13/2023

#### October 24

26

All day

SCHOOL'S OUT FALL REGISTRATION

27

28



### SHARE YOUR THOUGHTS!

# What do you like/dislike the most about Daylight Savings Time ending?

kfrancisapr@gmail.com Switch account

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Not shared

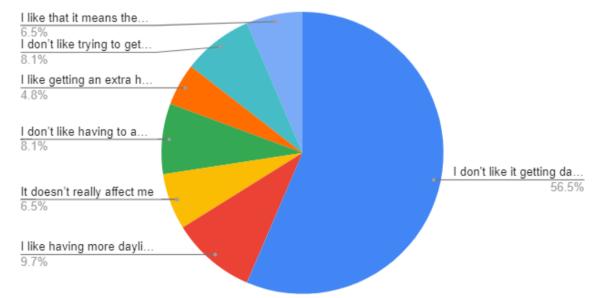
\* Indicates required question

What do you like/dislike the most about Daylight Savings Time ending? \*

- I like having more daylight in the morning
- I like getting an extra hour of sleep on that night
- I like this sleep/meal schedule more than the summer
- I like that it means the holidays are close
- I don't like it getting dark so early
- I don't like trying to get my family/pets/kids on a new sleep and meal schedule
- I don't like having to adjust all of my clocks
- It doesn't really affect me

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### Count of What do you like/dislike the most about Daylight Savings Time ending?



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Rise Together Leadership Update - Nov. 14, 2023



### STAFF SPOTLIGHT

### **ANDREA THOMAS**

She/Her/Hers





#### Section

Assistant Manager, Feddersen Community Center

### Length of Employment

11 months

### What's your favorite aspect of Columbus Recreation and Parks?

My favorite aspect of working for CRPD is being able to participate with the participants.



#### What is your favorite ice cream flavor?

Cookies and cream (minus that lactose)

#### What is your favorite book or movie?

My favorite movie is "Just Wright"

### What is one piece of advice you have?

Build strong relationships with the people in your life. You never know how far those connections will take you.

### Nominate A Coworker for the Staff Spotlight

<u>Fill out this form to nominate a coworker</u>. They will be notified that they were nominated in order to answer spotlight questions.

### ARCHIVE

Q

2022

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#### NATURE

<u>Nature</u>

**Conservation** 

#### Educational Gardens

#### Nature Preserves

Outdoor Recreation

<u>Parks</u>

Pollinator Gardens

<u>Trails</u>

<u>Urban Forestry</u>

WELLNESS