

Douglas Community Center



Center Hours

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Location



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT

ColumbusRecParks.com

Winter Program Schedule

Douglas Community Center Update: 10/3/2023



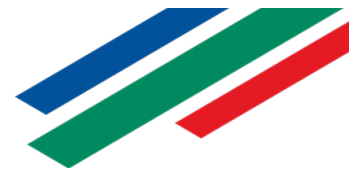
<u>DAY</u>	<u>Course #</u>	<u>CLASS NAME</u>	<u>Age</u>	<u>Time</u>	<u>INSTRUCTOR</u>	<u>FEE</u>
Monday		Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Monday		Pickle Ball	Senior	8:30 AM – 9:30 PM	Staff	Sports pass \$10
Monday		Life Wise	Youth	9:00 AM – 11:00 AM	Ms. Shelly	Free
Monday		Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric	Free
Monday		Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Calvin Clark	\$20
Monday		Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Monday		Volleyball	Adult	6:00 PM – 8:00 PM	Mr. Brandon	Sports pass \$10
Monday		Extreme Hip – Hop and Step	Adult	6:30 PM – 7:30 PM	Ms. Sharon Ruth	Free
Tuesday		Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Tuesday		Basic Quilting Class (level 1)	Senior	8:30 AM – 12:30 PM	Ms. Dee	Free
Tuesday		Adult Basketball	Adult	1:00 PM – 3:00 PM	Staff	Sports Pass \$10
Tuesday		Life Wise	Youth	2:30 PM – 3:15 PM	Ms. Shelly	Free
Tuesday		Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric	Free
Tuesday		Urban Legends	Teen	4:00 PM – 6:00 PM	Ms. Miracle	Free
Tuesday		Boys Basketball Practice	Youth	5:00 PM – 6:15 PM	Mr. Eric	Free
Tuesday		Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Calvin Clark	\$20
Tuesday		Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Tuesday		Adult Basketball	Adult	6:00 PM – 8:00 PM	Charlie Brown	Sports Pass \$10
Wednesday		Fitness Room	Adult	8:00 AM – 7:30 PM	Staff	\$15
Wednesday		Basic Quilting Class (Level 2)	Senior	8:30 AM – 9:30 AM	Ms. Dee	Free
<u>DAY</u>	<u>Course #</u>	<u>CLASS NAME</u>	<u>Age</u>	<u>Time</u>	<u>INSTRUCTOR</u>	<u>FEE</u>

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Wednesday		Hygiene Help	All	11:00 AM – 3:00 PM	Ms. Juan	Free
Wednesday		Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric	Free
Wednesday		Boxing (kids)	Youth	5:00 PM – 6:00 PM	Coach Calvin Clark	\$20
Wednesday		Extreme Hip – Hop and Step	Adult	6:30 PM – 7:30 PM	Ms. Sharon Ruth	\$25
Wednesday		Volleyball (Sports Pass Required)	Adult	6:00 PM – 8:00 PM	Mr. Brandon	\$10
Thursday		Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Thursday		Senior Arts and Crafts	Senior	8:30 AM – 9:30 AM	Staff	Free
Thursday		Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric	Free
Thursday		Urban Legends	Teen	4:00 PM – 6:00 PM	Ms. Miracle	
Thursday		Boys Basketball Practice	Youth	5:00 PM – 6:15 PM	Mr. Eric	
Thursday		Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Calvin Clark	\$20
Thursday		Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Thursday		Double Dutch		6:30 PM – 7:30 PM	Ms. Sharon Ruth	Free
Thursday		Adult Basketball	Adult	6:00 PM – 8:00 PM	Charlie Brown	Sport Pass \$10
Friday		Fitness Room	Adult	8:30 AM – 7:30 PM	Staff	\$15
Friday		Senior Fitness	Senior	8:30 AM – 9:30 AM	Staff	Free
Friday		Hygiene Help	All	11:00 AM – 3:00 PM	Ms. Juan	Free
Friday		Adult Basketball	Adult	1:00 AM – 3:00 PM	Staff	Sport Pass \$10
Friday		Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric	Free
Friday		Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Calvin Clark	\$20
Friday		Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Friday		Teen Basketball	Adult	6:00 PM – 8:00 PM	Mr. M	Free



Winter Program Schedule

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Saturday		Fitness Room	Adult	9:00 AM – 3:30 PM	Staff	\$15
Saturday		Hygiene Help	All	10:00 AM – 1:00 PM	Staff	Free
Saturday		School Aged Structured Activities	Youth	10:00 AM – 12:00 PM	Charlie Brown	Free
Saturday		Basketball Practice	Teen	11:00 AM – 12:00 PM	Mr. M	Free
Saturday		Teen Basketball	Teen	2:00 PM – 4:00 PM	Mr. M	Free

School's out

Winter

December 20th – January 2nd
Closed on December 25th and January 1st

FITNESS ROOM:

At a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$15.00/session, \$60/year, and \$1/day. For people over the age of 50, each session costs \$10.00, or \$40 per year or \$1/day. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickle ball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall 1, Fall 2). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

COLUMBUS
ANDREW J. GINTHER, MAYOR
RECREATION AND PARKS

Douglas Opportunity Center Staff

Wesley Russell – Manager
Frederick Hall – Assistant Manager
Chanel Russell – Assistant Manager
Eric Childs – Recreation Leader

ISA Instructors

Calvin Clark – Boxing Coach
Sharon Hudson – Extreme Hip Hop

Fitness Room Hours:

- Monday: 9:00am – 7:30pm
- Tuesday: 9:00am – 7:30pm
- Wednesday: 9:00am – 7:30pm
- Thursday: 9:00am – 7:30pm
- Friday: 9:00am – 7:30pm
- Saturday: 9:00am – 3:30pm