



SUN MON TUE WED THU FRI SAT **Q** Location / Contact



RECREATION AND PARKS
DEPARTMENT

Columbus RecParks.com

## MONDAY

| Code # | Class/Activity   | Time            | Instructor   | Location    |
|--------|--|-----------------|--------------|-------------|
|        | Stretch & Tone (1st & 3rd of the month)                            | 9:00am-9:45am   | Марр         | Auditorium  |
|        | Service Circle   | 9:30am-12:00pm  | Jones/White  | Sewing Rm   |
|        | Wood Crafts  | 9:30am-12:00pm  | Whetstone    | Art Room    |
|        | Coffee & Conversation (2 <sup>nd</sup> & 4 <sup>th</sup> of month) | 10:00am-11:00am | Smith        | Canteen     |
|        | Pickleball   | 10:00am-11:00am | Whetstone    | Auditorium  |
|        | Chair Yoga   | 11:00am-11:45pm | Esson        | Card Room   |
|        | BINGO (call center for dates)                                      | 1:00pm-3:00pm   | Tobias/Young | Auditorium  |
|        | Pickleball   | 3:00pm-5:00pm   | Whetstone    | Auditorium  |
|        | Fit Ball Relaxation (1st & 3rd of month)                           | 6:00pm-7:00pm   | Jacobs       | Lounge      |
|        | Underground Railroad (2 <sup>nd</sup> & 4 <sup>th</sup> of month)  | 6:00pm-7:30pm   | Марр         | Lounge/Zoom |
|        | Movin' & Groovin' (R & B Line Dancing)                             | 7:30pm-8:30pm   | Wright       | Auditorium  |

## TUESDAY

| Walking (Woodward Park Tennis Courts)                  | 8:30am-10:00am  | Марр        | Woodward PK |
|--|-----------------|-------------|-------------|
| Fitness Plus   | 9:00am-9:45pm   | Jacobs      | Auditorium  |
| Stay Young, Stay Strong                                | 10:00am-10:45am | Whetstone   | Auditorium  |
| Wii Bowling/Wii Games                                  | 11:00am-12:00pm | Smith       | Lounge      |
| Eat Better, Feel Better (2 <sup>nd</sup> of the month) | 11:00am-12:30pm | Button      | Card Room   |
| Alzheimer's Association (2 <sup>nd</sup> of the month) | 12:00pm-1:00pm  | Alzheimer's | Card Room   |
| Arthritis Exercise                                     | 1:00pm-1:45pm   | Love        | Lounge      |
| Line Dancing (Beginners/Intermediate)                  | 1:00pm-1:55pm   | Herman      | Auditorium  |
| Line Dancing (Advanced)                                | 2:00pm-3:00pm   | Herman      | Auditorium  |
| Art Journaling   | 1:15pm-3:00pm   | Jacobs      | Art Room    |
| Balance Class  | 2:00pm-3:00pm   | Whetstone   | Card Room   |
| Yoga   | 3:00pm-4:00pm   | Esson       | Lounge      |

### WEDNESDAY

| Stretch & Tone                                    | 9:00am-9:45am   | Марр      | Auditorium  |
|---|-----------------|-----------|-------------|
| Ceramics  | 9:30am-12:00pm  | Whetstone | Art Room    |
| Bobbin and Lace                                   | 9:30am-12pm     | Borror    | Lounge      |
| Crochet & Knitting (Advanced)                     | 10:00am-12:00pm | Trecker   | Sewing Rm   |
| Pickleball Class                                  | 10:00am-12:00pm | Whetstone | Auditorium  |
| History Roundtable (2 <sup>nd</sup> of the month) | 1:00pm-2:00pm   | Whetstone | Canteen     |
| Square Dancing                                    | 1:30pm-3:30pm   | Doyle     | Auditorium  |
| Crochet & Knitting (Beginners)                    | 1:30pm-3:30pm   | Trecker   | Lounge      |
| Card Making                                       | 2:00pm-4:00pm   | Jacobs    | Sewing Rm   |
| Bid Whist (in Lounge FebApr.)                     | 3:00pm-6:00pm   | Volunteer | Card Rm     |
| Poet's Circle                                     | 1:30pm-3:00pm   | Hollman   | Olympic Off |
| Tap Dancing (Advanced)                            | 4:15pm-5:00pm   | Cohen     | Auditorium  |
| Ballet (Beginners)                                | 5:15pm-6:00pm   | Cohen     | Auditorium  |
| Tap Dancing (Beginners)                           | 6:30pm-7:15pm   | Cohen     | Card Room   |
| Ballroom Dancing                                  | 7:00pm-8:30pm   | Jacobs    | Auditorium  |

#### THURSDAY

| Fitness Plus  | 9:00am-9:45pm   | Jacobs    | Auditorium |
|---|-----------------|-----------|------------|
| Stay Young, Stay Strong   | 10:00am-10:45am | Whetstone | Auditorium |
| Wii Bowling/Wii Games   | 11:00am-12:00pm | Smith     | Lounge     |
| Coffee & Coloring   | 11:00am-12:00pm | Jacobs    | Art Room   |
| Eat Well for Life (3 <sup>rd</sup> of month)                          | 11:00am-12:00pm | Button    | Card Room  |
| Euchre  | 12:30pm-3:00pm  | Whetstone | Card Room  |
| Arthritis Exercise  | 1:00pm-1:45pm   | Love      | Lounge     |
| Underground Railroad (2 <sup>nd</sup> & 4 <sup>th</sup> of the month) | 1:00pm-2:30pm   | Марр      | Auditorium |
| Fitness @ 3   | 3:00pm-4:00pm   | Whetstone | Fitness Rm |
| Yoga  | 3:00pm-4:00pm   | Esson     | Lounge     |

#### FRIDAY

| Stretch & Tone                           | 9:00am-9:45am   | Марр      | Auditorium |
|--|-----------------|-----------|------------|
| Pool School (Beginners)                  | 9:00am-11:00am  | Smith     | Pool Room  |
| Open Craft Class                         | 10:00am-12:00pm | Jacobs    | Sewing Rm  |
| Mind and Body April 7, 14, 21, & 28      | 10:00am-11:00pm | Марр      | Card Room  |
| Fit Ball Yoga                            | 11:00am-12:15pm | Whetstone | Lounge     |
| G-Clef Chorus                            | 12:30pm-2:00pm  | Brasher   | Auditorium |
| Open Card Playing                        | 12:30pm-3:00pm  | Volunteer | Card Room  |
| Veteran's Group (1st of the month        | 1:00pm-2:30pm   | Whetstone | Lounge     |
| beginning in February)                   |                 |           |            |
| Book Club (4 <sup>th</sup> of the month) | 1:00pm-2:30pm   | Trecker   | Lounge     |
| Scrap Booking                            | 12:00pm-4:00pm  | Jacobs    | Sewing Rm  |

#### **Wellness Center at Gillie**

LifeCare Alliance Wellness Center - Nurse Peggy Parisot, RN Office: 614-437-2811.

#### **Get Active**

Get Active members have access to fitness sites and equipment, as well as fitness classes. For more information, visit **Columbus.gov/Fitness** or call 614-645-3950.

#### Hours

Monday & Wednesday 8:00am-9:00pm Tuesday, Thursday & Friday 8:00am-5:00pm

GILLIE 50+ COMMUNITY RECEATION CENTER 2100 Morse Road Suite #4625 Columbus, Ohio 43229 (614) 645-3106

# WHAT WE ARE





for arts, outdoor recreation, and therapeutic recreation





6 GOLF COURSES



SPRAYGROUNDS AND INTERACTIVE FOUNTAINS

PARKS
410
PARKS
PARKS

14,069 ACRES OF PARKLAND

2306 MILES OF REGIONAL TRAILS

 **170 PLAYGROUNDS** 

3 RESERVOIRS TOTALING 4,240 ACRES

20 NATURE PRESERVES

SKATE PARKS for BMX, skateboards and rollerblades

5 DOG PARKS

**RESERVABLE SPACES** 

15 ENCLOSED 20 OPEN-AIR SHELTERS