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RECREATION AND PARKS
DEPARTMENT

Columbus RecParks.com

Scioto Southland Winter Session Program Schedule 2024

YOUTH /TEENS/ ADULT/50+ PROGRAMS

Monday

	Fitness Room (Register through Activenet)	8:15-3:00/4-8:30	A/50+	\$10/\$15
	Drop-In Pickle Ball (\$10 sports pass required)	9:00-1:00	A/50+	Sports Pass
100881	Senior Fitness	10:00-11:00	50+	Free
101058	Pre-k Art	10:00-11:00	Pre-K	Free
101040	Pre-K Lunch and Reading	12:00-1:00	Pre-K	Free
	Recess Help @Parson Elementary School	12:00-1:00	E	
100884	Senior Cards	12:00-6:00	50+	Free
	Fitness Instruction , only for those with a fitness	12:00 -2:00	A/50+	Free
	pass			
	Open Gym	2:30-5:00	E/T	Free
100882	Game Room Challenge-Xbox and Nintendo	4:00-5:30	E/T	Free
101243	Beginners Yoga	6:00-7:00	T/A/50+	\$25
100923	TikTok Dance	6:00-6:45	E/T	Free
102182	Boxing Fitness	6:30-7:30	А	\$30
100886	Women's Pickle Ball Ladder League	6:00-7:45	A/50+	\$40

Tuesday

Code	Class/Activity	Time	Age	Cost
	Fitness Room (Register through Activenet)	8:15-3:00/4-8:30	A/50+	\$10/\$15
	Drop-In Pickle Ball (\$10 sports pass required)	9:00-1:00	A/50+	Sports Pass
101091	Therapeutic Activities	10:00-10:50	TR	Free
	Recess Help @Parson Elementary School	12:00-1:00	E	
	Fitness Instruction Training, only for those with	12:00-2:00	A/50+	Free w/
	a fitness pass			fitness pass
101099	Senior Walk and Stretch	1:15-2:00	50+	Free
100883	Teen Weights Program	4:00-5:00	Т	Free
100842	Advanced Basketball Skills and Drills	4:00-5:00	Т	Free
100926	Self Defense-Kick Boxing	5:30-6:00	T/A/50+	\$30
101940	Wheelchair Basketball	6:00-7:50	Α	Registration
101081	Ceramics	6:00-7:45	A/50+	\$35
100928	Karate	6:00-7:00	E/T/A	\$35

Scioto Southland Winter Session Program Schedule 2024

YOUTH /TEENS/ ADULT/50+ PROGRAMS

Wednesday

	Fitness Room (Register through Activenet)	8:15-3:00/4-8:30	A/50+	\$10/\$15
100880	Pickleball Instruction	10:00-11:30	A/50+	\$40
100881	Senior Fitness	10:00-11:00	50+	Free
101039	Pre-K Gym	10:00-11:00	Pre-k	Free
	Recess Help @Parson Elementary School	12:00-1:00	Е	
	Drop-In Pickle Ball (\$10 sports pass required)	12:00-2:00	A/50+	Sports Pass
100884	Senior Cards	12:00-6:00	50+	Free
	Fitness Instruction , only for those with a fitness	12:00 -2:00	A/50+	Free
	pass			
	Open Gym	2:30-5:00	E/T	Free
100921	Teen Weights Program	4:00-5:00	Т	Free
100892	Advanced Basketball Skills and Drills	4:00-5:00	Т	Free
100930	Volleyball Training	5:00-6:00	E/T	Free
100997	Men's Pickle Ball Ladder League	6:00-7:45	A/50+	\$40
101112	Adult Art	6:00-7:30	A/50+	\$25

Thursday

	Fitness Room (Register through Activenet)	8:15-3:00/4-8:30	A/50+	\$10/\$15
	Drop-In Pickle Ball (\$10 sports pass required)	9:00-1:00	A/50+	Sports Pass
101091	Therapeutic Activities	10:00-10:50	TR	Free
101098	Therapeutic Lunch and Activities	11:00-12:00	TR	Free
101085	Chair Volleyball	11:00-12:00	TR	Free
	Recess Help @ Cedarwood Elementary School	12:00-1:00	E	
	Fitness Instruction , only for those with a fitness	1:30-3:00	A/50+	Free
	pass			
	Open Gym	2:30-5:00	E/T	Free
100842	Advanced Basketball Skills and Drills	4:00-5:00	Т	Free
100882	E-Sports	4:00-5:30	E/T	Free
100890	Basketball Practice 6U	6:00-6:50	E	Registration
100891	Basketball Practice 8U	6:00-7:00	E	Registration
101090	Boxing Training- Beginners	6:00-7:00	E/T	\$25
101054	Line Dance	6:00-7:15	T/A/50+	\$20
100888	Basketball Practice 10U	7:00-8:00	E	Registration
101081	Ceramics	6:00-7:30	A/50+	\$35

YOUTH /TEENS/ ADULT/50+ PROGRAMS

Friday

	Fitness Instruction , only for those with a	8:15-11:30	A/50+	Free
	fitness pass			
	Drop-In Pickle Ball (\$10 sports pass required)	9:00-1:00	A/50+	Sports Pass
100881	Senior Fitness	9:15-10:00	50+	Free
100884	Senior Dominos	10:00-11:00	50+	Free
101081	Therapeutic Activity	12:00-1:00	TR	Free
100885	Open Gym	3:00-5:00	E/T	Free
100921	Teen Pickleball	4:00-5:00	T	Free
100930	Volleyball Training	5:00-6:00	E/T	Free
	Open Drop-In Pickleball (\$10 sports pass required)	6:00-7:45	A/50+	Sports Pass

Saturday

	Fitness Instruction , only for those with a	9:15-11:30	A/50+	Free
	fitness pass			
	Drop-In Pickle Ball (\$10 sports pass required)	9:00-1:00	A/50+	Sports Pass
100928	Karate	10:30-11:30	E/T	\$35
101055	Nintendo Switch Games	12:00-2:00	E/T/A	Free
101086	Indoor Soccer	1:15pm-2:15pm	E/T	Free
100885	Adult Open Gym	2:10-4:00	A	Sports Pass

Special Events

- Hygiene Closet First Friday of Every Month 1pm
- Summer Camp Registration February 27 @ 12:00pm



Class Code

Sports Pass-\$10

PRE-K.....Ages 3-5

E.....Elementary Ages 6-12

T.....Teens Ages 13-17

A.....Adults Ages18-49

50+.....Seniors Ages 50 and older