

Milo-Grogan Community Center



Center Hours

SUN
MON
TUE
WED
THU
FRI
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Location / Contact



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT

ColumbusRecParks.com



Spring Program Schedule

Milo Grogan Community Center Update: 10/3/2023

| <u>DAY</u> | <u>Course #</u> | <u>Class Name</u> | <u>Age</u> | <u>Time</u> | <u>Instructor</u> | <u>Fee</u> |
|------------|-----------------|----------------------------|--------------|--------------------------|-------------------|------------------|
| Monday | | Fitness Room | Adult | 8:30 AM – 7:30 PM | Staff | \$15 |
| Monday | | Open Pickle Ball | Adult | 9:00 AM – 12:00 PM | Staff | Sports pass \$10 |
| Monday | | Milo Grogan Arc | Youth | 3:30 PM – 6:30 PM | Staff | Free |
| Monday | | Table Games | Youth | 3:00 PM – 7:30 PM | Staff | Free |
| Monday | | Open Pickleball | Adult | 6:00 PM – 8:00 PM | Staff | Free |
| Tuesday | | Fitness Room | Adult | 8:30 AM – 7:30 PM | Staff | \$15 |
| Tuesday | | Beginner Pickleball Skills | Adult | 11:00 AM – 12:00 PM | Frederick Hall | Free |
| Tuesday | | Senior Fitness | Adult | 10:00 AM – 12:00 PM | Staff | Free |
| Tuesday | | Milo Grogan Arc | Youth | 3:30 PM – 6:30 PM | Staff | Free |
| Tuesday | | Teen Open Gym | Youth | 3:00 PM – 6:00 PM | Staff | Free |
| Tuesday | | Table Games | Youth | 3:00 PM – 7:30 PM | Staff | Free |
| Tuesday | | Milo Gardening | Youth | 5:30 PM – 6:30 PM | Staff | Free |
| Tuesday | | Adult Basketball | Adult | 6:00 PM – 8:00 PM | Staff | Sports pass \$10 |
| Wednesday | | Fitness Room | Adult | 8:30 AM – 7:30 PM | Staff | \$15 |
| Wednesday | | Open Pickleball | Adult | 9:00 AM – 12:00 PM | Staff | Sports pass \$10 |
| Wednesday | | Milo Grogan Arc | Youth | 3:30 PM – 6:30 PM | Staff | Free |
| Wednesday | | Table Games | Youth | 3:00 PM – 7:30 PM | Staff | Free |
| Wednesday | | Building Boss Braiders | Youth | 6:00 PM – 7:00 PM | Chanel Russell | Free |
| Wednesday | | Steps of Purpose | Adult | 6:00 PM – 7:15 PM | Patricia Slade | \$25 |
| Wednesday | | Open Pickleball | Adult | 6:00 PM – 7:30 PM | Staff | Free |
| Thursday | | <u>Fitness Room</u> | <u>Adult</u> | <u>8:30 AM – 7:30 PM</u> | <u>Staff</u> | <u>\$15</u> |

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|------------|-----------------|--|------------|---------------------|----------------------|------------------|
| Thursday | | Beginner Pickleball Skills | Adult | 11:00 AM – 12:00 PM | Frederick Hall | Free |
| Thursday | | Senior Fitness | Adult | 10:00 AM – 12:00 PM | Staff | Free |
| Thursday | | At Home by High (Senior Program) | Senior | 1:00 PM – 3:00 PM | Staff | Free |
| Thursday | | Milo Grogan Arc | Youth | 3:30 PM – 6:30 PM | Staff | Free |
| Thursday | | Teen Open Gym | Youth | 3:00 PM – 6:00 PM | Staff | Free |
| Thursday | | Table Games | Youth | 3:00 PM – 7:30 PM | Staff | Free |
| Thursday | | Adult Basketball | Adult | 6:00 PM – 8:00 PM | Staff | Sports pass \$10 |
| Thursday | | RTNI (Reaching the nations Internationals) | Youth | 6:30 PM – 8:00 PM | Staff | Free |
| Friday | | Fitness Room | Adult | 8:30 AM – 7:30 PM | Staff | \$15 |
| Friday | | Senior Bingo | Senior | 10:00 AM – 12:00 PM | Staff | Free |
| Friday | | Open Pickle Ball | Adult | 9:00 AM – 12:00 PM | Staff | Sports pass \$10 |
| Friday | | Teen Open Gym | Adult | 1:00 PM – 3:00 PM | Staff | Free |
| Friday | | Milo Grogan Arc | Youth | 3:30 PM – 6:30 PM | Staff | Free |
| Friday | | Girls Empowerment | Youth | 5:30 PM – 6:30 PM | Chanel Russell | Free |
| Friday | | Steps of Purpose | Adult | 6:00 PM – 7:15 PM | Patricia Slade | \$25 |
| Friday | | Open Pickleball | Adult | 6:00 PM – 8:00 PM | Staff | Sports pass \$10 |
| Saturday | | Fitness Room | Adult | 9:00 AM – 3:30 PM | Staff | \$15 |
| Saturday | | Table Games | Adult | 10:00 AM – 3:30 PM | Staff | Free |
| Saturday | | Steps of Grace | 6+ | 10:00 AM – 1:00 PM | Cassandra De La Rosa | \$40 |
| Saturday | | Teen Fitness | Teen | 11:00 AM – 12:00 PM | Derek Davis | Sports pass \$10 |
| Saturday | | Reserved Basketball | Adult | 12:00 PM – 2:00 PM | Staff | Sports pass \$10 |

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|-----------------|--|---------------|------|-------------------|----------------|------|
| Saturday | | Karate | 6+ | 1:00 PM – 3:00 PM | Ricardo Cooper | \$35 |
| Saturday | | Teen Open Gym | Teen | 2:00 PM – 3:30 PM | Staff | Free |

FITNESS ROOM:

A "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$15.00/session, \$60/year, and \$1/day. For people over the age of 50, each session costs \$10.00, or \$40 per year or \$1/day. Fees must be paid to the City of Columbus.

To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickle ball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, and fall). There are also \$1 day passes. ALL participants must have an account, be registered, and be paid to participate. If you have any questions, please see the center staff!

Milo Grogan Opportunity Center Staff

Wesley Russell – Manager
Frederick Hall – Assistant Center Manager
Chanel Russell – Assistant Center Manager

ISA Instructors

Cassandra De La Rosa – Steps of Grace
Ricardo Cooper - Karate

Fitness Room Hours:

- Monday: 8:00am – 7:30pm
- Tuesday: 8:00am – 7:30pm
- Wednesday: 8:00am – 7:30pm
- Thursday: 8:00am – 7:30pm
- Friday: 8:00am – 7:30pm
- Saturday: 9:00am – 3:30pm

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