

# Douglas Community Center



## Center Hours

SUN  
MON  
TUE  
WED  
THU  
FRI  
SAT

## Location



THE CITY OF  
**COLUMBUS**  
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS  
DEPARTMENT

[ColumbusRecParks.com](http://ColumbusRecParks.com)

# Fall Program Schedule

Douglas Community Center Update: 10/3/2023



<u>DAY</u>	<u>Course #</u>	<u>CLASS NAME</u>	<u>Age</u>	<u>Time</u>	<u>INSTRUCTOR</u>	<u>FEE</u>
Monday	107364	Pickle Ball	50+	8:30 AM – 9:30 PM	Mr. Hill	Sports pass \$10
Monday	105634	Life Wise	6-11	9:00 AM – 11:00 AM	Ms. Shelly	Free
Monday	105638	Douglas ARC	6-11	3:30 PM – 6:30 PM	Mr. Eric	Free
Monday	105673	Boxing (kids)	8-17	5:00 PM – 6:15 PM	Coach Clark	Free
Monday	105612	Boxing	18+	6:00 AM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
Monday	105639	Volleyball	18+	6:00 PM – 8:00 PM	Mr. Brown	Sports pass \$10
Monday	105627	Extreme Hip – Hop and Step	18+	6:30 PM – 7:30 PM	Mrs. Sharon	Free
Tuesday	105632	Basic Quilting Class (level 1)	50+	8:30 AM – 12:30 PM	Ms. Dee	Free
Tuesday	105641	Adult Basketball	18+	1:00 PM – 3:00 PM	Mr. Brown	Free
Tuesday	105634	Life Wise	6-11	2:30 PM – 3:15 PM	Ms. Shelly	Free
Tuesday	105638	Douglas ARC	6-11	3:30 PM – 6:30 PM	Mr. Eric	Free
Tuesday		Urban Legends	13-17	4:00 PM – 6:00 PM	Mrs. Reason	Sports pass \$10
Tuesday	105644	Basketball Skills Drills	6-11	5:00 PM – 6:15 PM	Mr. Eric	\$15
Tuesday	105673	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Clark	Free
Tuesday	105612	Boxing	18+	6:00 AM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
Tuesday	105641	Adult Basketball	18+	6:00 PM – 8:00 PM	Mr. Brown	Free
Wednesday	105630	Basic Quilting Class (Level 2)	50+	8:30 AM – 9:30 AM	Ms. Dee	Free
Wednesday		Hygiene Help	All	11:00 AM – 3:00 PM	Mrs. Wan	Free
Wednesday	105638	Douglas ARC	6-11	3:30 PM – 6:30 PM	Mr. Eric	Free



# Fall Program Schedule

Douglas Community Center Update: 10/3/2023

<b>Wednesday</b>	105612	Boxing	18+	6:00 PM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
<b>Wednesday</b>	105641	Adult Basketball	18+	6:00 PM – 8:00 PM	Mr. Brown	Free
<b>Wednesday</b>	105627	Extreme Hip – Hop and Step	18+	6:30 PM – 7:30 PM	Mrs. Sharon	\$25
<b>Wednesday</b>	105639	Volleyball (Sports Pass Required)	18+	6:00 PM – 8:00 PM	Mr. Brown	\$10
<b>Thursday</b>	105638	Senior Arts and Crafts	50+	8:30 AM – 9:30 AM	Mrs. Wan	Free
<b>Thursday</b>	105638	Douglas ARC	6-11	3:30 PM – 6:30 PM	Mr. Eric	Free
<b>Thursday</b>		Urban Legends	13-17	4:00 PM – 6:00 PM	Mrs. Reason	Sports pass \$10
<b>Thursday</b>	105644	Basketball Skills Drills	6-12	5:00 PM – 6:15 PM	Mr. Eric	\$15
<b>Thursday</b>	105673	Boxing (kids)	6-11	5:00 PM – 6:15 PM	Coach Clark	Free
<b>Thursday</b>	105612	Boxing	18+	6:00 AM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
<b>Thursday</b>	105636	Double Dutch	6-15	6:30 PM – 7:30 Pm	Mrs. Trina	Free
<b>Thursday</b>	105641	Adult Basketball	18+	6:00 PM – 8:00 PM	Mr. Brown	Free
<b>Friday</b>	105645	Senior Fitness	50+	8:30 AM – 9:30 AM	Mr. Hill	Free
<b>Friday</b>		Hygiene Help	All	11:00 AM – 3:00 PM	Mrs. Wan	Free
<b>Friday</b>	105641	Adult Basketball	18+	1:00 AM – 3:00 PM	Coach M	Free
<b>Friday</b>	105638	Douglas ARC	6-11	3:30 PM – 6:30 PM	Mr. Eric	Free
<b>Friday</b>	105673	Boxing (kids)	6-17	5:00 PM – 6:15 PM	Coach Clark	Free
<b>Friday</b>	105612	Boxing	18+	6:00 AM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
<b>Friday</b>	105629	Teen Basketball	13-17	6:00 PM – 8:00 PM	Coach M	Free
<b>Saturday</b>	105632	School Aged Structured Activities	6-17	10:00 AM – 12:00 PM	Mr. Brown	Free



# Fall Program Schedule

Douglas Community Center Update: 10/3/2023

<b>Saturday</b>		Basketball Skills Drills	13-17	11:00 AM – 12:00 PM	Mr. B	Free
<b>Saturday</b>		Teen Basketball	13-17	2:00 PM – 4:00 PM	Coach M	Free

## School's out

### Fall

November 25<sup>th</sup> – November 30<sup>th</sup>

Closed November 24<sup>th</sup>

### Winter

December 23<sup>rd</sup> – December 31<sup>st</sup>

Closed on December 25<sup>th</sup> and January 1<sup>st</sup>

### FITNESS ROOM:

At a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$15.00/session, \$60/year, and \$1/day. For people over the age of 50, each session costs \$10.00, or \$40 per year or \$1/day. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

### DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickle ball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall 1, Fall 2). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

### Douglas Opportunity Center Staff

Wesley Russell – Manager

Thomas Hill – Assistant Manager

Eric Childs – Recreation Leader

### ISA Instructors

Calvin Clark – Boxing Coach

Sharon Hudson – Extreme Hip Hop

### Fitness Room Hours:

- Monday: 8:00am – 7:30pm
- Tuesday: 8:00am – 7:30pm
- Wednesday: 8:00am – 7:30pm
- Thursday: 8:00am – 7:30pm
- Friday: 8:00am – 7:30pm
- Saturday: 8:00am – 3:30pm