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Winter Program Schedule



Douglas Community Center Update: 10/3/2023

DAY	Course #	CLASS	Age	<u>Time</u>	INSTRUCTOR	FEE
Monday	108910	NAME Pickle Ball	Senior	8:30 AM – 9:30 PM	Mr. Hill	Sports pass \$10
Monday	108916	Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr Eric/ Mr. Baker	Free
Monday	108916	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Clark	\$20
Monday	108908	Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzelle	Boxing Pass \$15
Monday	108912	Volleyball	Adult	6:00 PM – 8:00 PM	Mr. Brown	Sports pass \$10
Monday	108924	Extreme Hip – Hop and Step	Adult	6:30 PM – 7:20 PM	Mrs. Sharon	\$25
Tuesday	108920	Basic Quilting Class (level 1)	Senior	8:30 AM – 12:30 PM	Ms. Dee	Free
Tuesday	108909	Adult Basketball	Adult	12:00 PM – 2:00 PM	Mr. Hill	Sports pass \$10
Tuesday	108916	Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric/Mr. Baker	Free
Tuesday	108923	Urban Legends	Teen	4:00 PM – 6:00 PM	Mrs. Reason	Sports pass \$10
Tuesday	108915	Basketball Practice	Youth	5:00 PM – 6:15 PM	Mr Eric	\$15
Tuesday	108916	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Clark	\$20
Tuesday	108908	Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Tuesday	108909	Adult Basketball	Adult_	6:00 PM – 8:00 PM	Mr. Brown	Free
Wednesday		Basic Quilting Class (Level 2)	Senior	8:30 AM – 9:30 AM	Ms. Dee	Free
Wednesday		Hygiene Help	All	11:00 AM – 3:00 PM	Mrs. Wanna	Free
Wednesday	108916	Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric/Mr. Baker	Free
Wednesday	108916	Boxing	Adult	6:00 PM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Wednesday	108909	Adult Basketball	Adult	6:00 PM – 7:30 PM	Coach M	Sports pass \$10





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Wednesday	108924	Extreme Hip — Hop and Step	Adult	6:30 PM – 7:30 PM	Mrs. Sharon	\$25
Wednesday	108912	Volleyball (Sports Pass Required)	Adult	6:00 PM – 8:00 PM	Mr. Brown	Sports pass \$10
Thursday	108914	Senior Arts and Crafts	Senior	8:30 AM – 9:30 AM	Mr. Hill	Free
Thursday	108916	Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric/Mr. Baker	Free
Thursday	108923	Urban Legends	Teen	4:00 PM – 6:00 PM	Mrs. Reason	Sports pass \$10
Thursday	108915	Basketball Practice	Youth	5:00 PM – 6:15 PM	Mr. Eric	\$15
Thursday	108916	Boxing (kids)	Coach Clark	5:00 PM – 6:15 PM	Coach Clark	\$20
Thursday	108908	Boxing	Adult	6:00 AM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Thursday	108917	Double Dutch	E,T	6:30 PM – 7:30 Pm	Mrs. Trina	Free
Thursday	108909	Adult Basketball	Adult	6:00 PM – 8:00 PM	Mr. Brown	Sports pass \$10
Friday	108918	Senior Fitness	Senior	8:30 AM – 9:30 AM	Mr. Hill	Fitness Pass \$10
Friday		Hygiene Help	All	11:00 AM – 3:00 PM	Mrs. Wanna	Free
Friday	108909	Adult Basketball	Adult	1:00 AM – 2:30 PM	Mr. Hill	Sports pass \$10
Friday	108916	Douglas ARC	Youth	3:30 PM – 6:30 PM	Mr. Eric/ Mr. Baker	Free
Friday	108916	Boxing (kids)	Youth	5:00 PM – 6:15 PM	Coach Clark	\$20
Friday	108908	Boxing	Adult	6:00 PM – 8:00 PM	Coach Vonzell	Boxing Pass \$15
Friday	108922	Teen Basketball	Adult	6:00 PM – 7:30 PM	Coach M	Free
Saturday	108919	School Aged Structured Activities	Youth	10:00 AM – 12:00 PM	Mr. Brown	Free
Saturday	108926	Basketball Skills Drills	Teen	11:00 AM – 12:00 PM	Mr. Brown	Free





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Saturday	108922	Teen Basketball	Teen	2:00 PM – 4:00 PM	Coach M	Free
Saturday	108927	Big Ten Saturday	Everyone	1:00 pm – 3:30pm	Mr. Brown	Free

School's out

Winter

December 23rd – December 31st
Closed on December 25th and January 1st

FITNESS ROOM:

At a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$15.00/session, \$60/year, and \$1/day. For people over the age of 50, each session costs \$10.00, or \$40 per year or \$1/day. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickle ball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall 1, Fall 2). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

ANDREW J. GINTHER, MAYOR

<u>Douglas Opportunity Center</u> Staff

Wesley Russell – Manager Thomas Hill – Assistant Manager Eric Childs – Recreation Leader

ISA Instructors

Calvin Clark – Boxing Coach Sharon Hudson – Extreme Hip Hop

Fitness Room Hours:

Monday: 8:00am – 7:30pm
Tuesday: 8:00am – 7:30pm
Wednesday: 8:00am – 7:30pm
Thursday: 8:00am – 7:30pm
Friday: 8:00am – 7:30pm
Saturday: 8:00am – 3:30pm



