# Marion Franklin Community Center





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ColumbusRecParks.com

# Marion Franklin Community Center Winter Session 2025

# MONDAY



| Activenet | Class/Activity                                  | Time            | Instructor | Location    |
|-----------|---|-----------------|------------|-------------|
| 109130    | Indoor Walking                                  | 8:00am-9:00am   | M. Scott   | Gymnasium   |
| 109109    | Chair Yoga                                      | 9:00am-9:45am   | Sheets     | Auditorium  |
| 109105    | Brain Aerobics (Skill Building)                 | 9:15am-10:00am  | M. Scott   | Library     |
| 109133    | Line Dance (Intermediate)                       | 9:30am-10:30am  | Bettis     | Gymnasium   |
| 109108    | Chair Volleyball                                | 9:30am-10:30am  | Williams   | Room #131   |
| 109115    | Tai Chi (Intermediate) \$35 Children of the Sun | 10:30am-11:30am | Green      | Room #150   |
| 109151    | Scrapbooking (Open Lab)                         | 10:30am-3:30pm  | Staff      | Room #104   |
| 109121    | Everyday Sign Language                          | 11:00am-11:45am | Sheets     | Library     |
| 109118    | Documentary Mini Series (2 <sup>nd</sup> )      | 11:30am-12:30pm | Staff      | Lib/Canteen |
| 109112    | Tai Chi (Advanced) \$35 Children of the Sun     | 11:45am-12:45pm | Green      | Room #150   |
| 109089    | 50+ Basketball (\$10 Sports Pass Required)      | 12:00pm-2:00pm  | Sheets     | Gymnasium   |
| 109142    | No Sew Workshop                                 | 1:00pm-4:00pm   | Open Lab   | Canteen     |
| 109144    | Open Cards                                      | 1:00pm-4:30pm   | Staff      | Room #150   |
| 109162    | Underground Railroad (1st/3rd)                  | 2:00pm-3:30pm   | Марр       | Library     |
| 109090    | Beginner Clay Class                             | 2:30pm-4:00pm   | Sheets     | Room #104B  |

# TUESDAY

| 109130 | Indoor Walking  | 8:00am-9:00am   | M. Scott     | Gymnasium  |
|--------|---|-----------------|--------------|------------|
| 109095 | Ab Workout (Medium Impact)                                    | 9:15am-10:15am  | B. Smith     | Multi-P Rm |
| 109108 | Chair Volleyball  | 9:30am-10:30am  | Williams     | Room #131  |
| 109141 | National Arthritis Foundation Exercise Program                | 10:00am-11:00am | Parker, RN   | Auditorium |
| 109113 | Tai Chi (Beginners I) \$35 Children of the Sun                | 10:30am-11:30am | D. Green     | Room #150  |
| XXXXXX | Lifecare Lunch Program (Registration Required)                | 11:00am-1:00pm  | Sheets/Scott | Canteen    |
| XXXXXX | AARP: Presentation (CTC)                                      | 11:15am-12:15pm | AARP         | XXXXXX     |
| 109101 | Bingo & Lunch (2nd) Lifecare Alliance                         | 11:15am-12:15pm | M. Scott     | Canteen    |
| 109161 | The Conversation Project (2 <sup>nd</sup> ) Lifecare Alliance | 11:15am-12:15pm | Parker, RN   | Appt. Only |
| 109110 | Chat w/the Nurse: <b>Health in the News</b>                   | 11:15am-12:15pm | Parker, RN   | Library    |
| 109114 | Tai Chi (Beginners II) \$35 Children of the Sun               | 11:45am-12:45pm | Green        | Room #150  |
| 109147 | Pickleball (\$10 Sports Pass Required)                        | 12:00pm-2:00pm  | Sheets       | Gymnasium  |
| 109137 | Men's Line Dance - Intermediate                               | 1:00pm-2:00pm   | J. McKelvey  | Auditorium |
| 109134 | Line Dance  | 1:00pm-2:00pm   | Baker        | Auditorium |
| 109144 | Open Cards  | 1:00pm-4:30pm   | Staff        | Room #150  |
| 109091 | 50+ Pottery/Clay  | 2:30pm-4:00pm   | Sheets       | Room #104B |
| 109166 | Xtreme Hip Hop Step Aerobics (A)                              | 6:30pm-7:30pm   | V. Jones     | Auditorium |

### WEDNESDAY

| 109130 | Indoor Walking                                  | 8:00am-9:00am   | M. Scott        | Gymnasium |
|--------|---|-----------------|-----------------|-----------|
| 109105 | Brain Aerobics (Exercise)                       | 9:15am-10:00am  | Sheets          | Library   |
| 109133 | Line Dance (Intermediate) Progressive           | 9:30am-10:30am  | Bettis          | Gymnasium |
| 109115 | Tai Chi (Intermediate) \$35 Children of the Sun | 10:30am-11:30am | Green           | Room #150 |
| XXXXXX | Lifecare Lunch Program (Registration Required)  | 11:00am-1:00pm  | Sheets/Scott    | Canteen   |
| 109112 | Tai Chi (Advanced) \$35 Children of the Sun     | 11:45am-12:45pm | Green           | Room #150 |
| 109089 | 50+ Basketball (\$10 Sports Pass Required)      | 12:00pm-2:00pm  | Sheets          | Gymnasium |
| 109152 | Script (Drama) Reading (1st)                    | 12:30pm-2:30pm  | Terri "tj" Lynn | Library   |
| 109102 | Book Club (2 <sup>nd</sup> )                    | 1:30pm-4:00pm   | Talley          | Library   |

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| 109144 | Open Cards             | 1:00pm-4:30pm    | Staff  | Room #150  |
|--------|------------------------|------------------|--------|------------|
| 109100 | Stained Glass (\$20)   | 2:30pm-4:00pm    | Sheets | Room #104B |
| 109120 | Evening Line Dance (A) | Wed. 6:00p-7:30p | Bettis | Gymnasium  |

#### **THURSDAY**

| 109130 | Indoor Walking   | 8:00am-9:00am        | M. Scott     | Gymnasium  |
|--------|--|----------------------|--------------|------------|
| 109095 | Ab Workout (Medium Impact)                             | 9:15am-10:15am       | B. Smith     | Gymnasium  |
| 109105 | Brain Aerobics (Skill Building)                        | 9:15am-10:00am       | M. Scott     | Library    |
| 109141 | National Arthritis Foundation Exercise Program         | 10:00am-11:00am      | Parker, RN   | Auditorium |
| 109113 | Tai Chi (Beginners I) \$35 Children of the Sun         | 10:30am-11:30am      | Green        | Room #150  |
| XXXXXX | Lifecare Lunch Program (Registration Required)         | 11:00am-1:00pm       | Sheets/Scott | Canteen    |
| 109143 | Nutrition Class w/ OSU-SNAP-Ed                         | 11:00am-12:00pm      | Sheets       | Canteen    |
| 109114 | Tai Chi (Beginners (II) \$35 Children of the Sun       | 11:45am-12:45pm      | Green        | Room #150  |
| 109147 | Pickleball ( \$10 Sports Pass Required)                | 12:00pm-2:00pm       | Sheets       | Gymnasium  |
| 109164 | Veterans Affairs (4 <sup>th</sup> )                    | 12:30pm-1:30pm       | Brown        | Library    |
| 109137 | Men's Line Dance - Intermediate                        | 1:00pm-2:00pm        | J. McKelvey  | Multi-P Rm |
| 109134 | Line Dance   | 1:00pm-2:00pm        | Baker        | Auditorium |
| XXXXXX | Columbus Speech & Hearing (2 <sup>nd</sup> ) (Testing) | Appt. (614 261-5453) | CS&HC        | Library    |
| 109144 | Open Cards   | 1:00pm-4:30pm        | Staff        | Room #150  |
| 109091 | 50+ Clay/Pottery                                       | 2:30pm-4:00pm        | Sheets       | Room #104  |
| 109166 | Xtreme Hip Hop Step Aerobics (A)                       | 6:30pm-7:30pm        | V. Jones     | Auditorium |

#### **FRIDAY**

| 109130 | Indoor Walking (Open)     | 8:30am-10:30am  | M. Scott | Gymnasium  |
|--------|---------------------------|-----------------|----------|------------|
| 109109 | Chair Yoga                | 9:00am-9:45am   | Sheets   | Auditorium |
| 109105 | Brain Aerobics (Exercise) | 9:15am-10:00am  | M. Scott | Library    |
| 109108 | Chair Volleyball          | 9:30am-11:00am  | Williams | Room #131  |
| 109135 | Line Dance                | 11:00am-12:00n  | Baker    | Auditorium |
| 109121 | Everyday Sign Language    | 11:00am-11:45am | Sheets   | Library    |
| 109088 | African Dance             | 12:30pm-1:30pm  | Nkenchor | Gymnasium  |
| 109153 | Sewing 101                | 12:30pm-2:30pm  | Francis  | Rm #150    |
| 109158 | Table Tennis (Open)       | 1:00pm-3:00pm   | Staff    | Auditorium |
| 109129 | Indoor Plants             | 2:30pm-4:00pm   | Sheets   | Room #104  |
| 109111 | Chess Program E/T/A/50+   | 2:30pm-5:30pm   | E. Smith | Library    |







Afterschool REC Club (ARC) @ the Marion Franklin Community Center For more information, please contact Felisa Provo at 614-645-5456.

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| XXXXXX | Afterschool Rec Club (K-8 grade)            | M-F 3:00pm-6:00pm   | Provo        | ARC Rm     |
|--------|---|---------------------|--------------|------------|
| XXXXXX | Nutrition                                   | M-F 3:00pm-3:30pm   | Staff        | Gymnasium  |
| XXXXXX | Academic Assistance                         | M-F 3:30pm-4:30pm   | Staff        | ARC Rm     |
| XXXXXX | Recreation and Socialization                | M-F 4:00pm-5:00pm   | Staff        | Canteen    |
| XXXXXX | Enrichment (Gym) Activities                 | M/Fr 5:00pm-5:45pm  | Staff        | Gymnasium  |
| XXXXXX | Enrichment Opportunities                    | Tu/W/Th 5:00p-6:00p | Staff        | Art Room   |
| 109159 | Teen Basketball (13-18yrs)                  | Mon. 5:30pm-7:30pm  | Johnson/Lane | Gymnasium  |
| 109154 | Skills & Drills/Basketball Conditioning (E) | Tu/Th 5:00pm-6:15p  | Johnson      | Gymnasium  |
| 109097 | Art Class (E)                               | Tu/Th 4:30pm-5:30p  | Dickenson    | Room #104A |
| 109157 | Study Table (E/T)                           | Tu/Th 4:30pm-7:00p  | Staff        | XXXXXX     |
| 109150 | Pre-Dance (4-6yrs)                          | Tu/Th 5:45pm-6:30p  | Hartway      | Multi-P Rm |
| 109132 | Jazz/Ballet Medley I (7-10yrs)              | Tu/Th 6:00pm-7:15p  | Hartway      | Multi-P Rm |
| 109138 | Mime Class (E/T/A)                          | Tu/Th 5:45pm-6:30p  | Brown        | Room #150  |
| 109117 | Dance-Intermediate (11-15yrs)               | Tu/Th 6:00pm-7:15p  | Reeves       | Multi-P Rm |
| 109159 | Teen Basketball (13-18yrs)                  | Tu/Th 6:30pm-7:30p  | Johnson      | Gymnasium  |
| 109131 | Inspirational Dance                         | Tu/Th 6:45pm-7:30p  | Brown        | Room #150  |
| XXXXX  | Library Helpers                             | Wed/Fri 4:00p-5:00p | Staff        | Library    |
| XXXXXX | Girl Scouts: Brownies                       | Wed. 5:00pm-6:00p   | P. Holley    | Library    |
| 109104 | Boys Empowerment (T)                        | Wed. 5:30pm-7:00p   | Johnson      | Weight Rm  |
| 109128 | Home Economics for Teens                    | Wed. 5:45pm-7:30p   | Adams        | Kitchen    |
| XXXXX  | Study Table (Grades 9-12)                   | Wed. 6:15pm-7:30p   | Provo        | Room #104B |
| XXXXXX | Performing Arts Program                     | Fri. 5:00pm-6:30pm  | Hartway      | Multi-P Rm |
| 109167 | Young Adult Soccer Class (Instructional)    | Fri. 6:00pm-7:30pm  | Cardenas     | Gymnasium  |
| 109096 | Young Adult Basketball (\$10 Sports Pass)   | Sat. 10:00a-12:00pm | Johnson/Lane | Gymnasium  |
| 109099 | Beginner's Sewing Class T/A/50+             | Sat. 10:00a-12:00pm | Francis      | Room #150  |
| 109159 | Teen Basketball                             | Sat. 12:15p-2:15pm  | Johnson      | Gymnasium  |
| 109098 | Beginner's Crochet Class E/T/A/50+          | Sat. 12:30pm-1:30pm | Francis      | Room #150  |
| 109148 | Pickleball (A)                              | Sat. 2:30pm-3:30pm  | Provo        | Gymnasium  |
| 109131 | Inspirational Dance                         | Sat. 2:30pm-3:30pm  | Brown        | Multi-P Rm |



#### Marion Franklin Community Center Winter Session 2025



#### **Leisure Cards Required**

All participants are required to have a leisure card to participate. A leisure card is free, lasts for three years and comes in the form of a key tag. Participants will need to fill out a "Participation Information Form" and show I.D. in order to create a new account or update an old account.

#### Sports Pass: \$10.00 Each Session

Marion Franklin's open sports are Basketball, Badminton, Pickleball and Volleyball. Not all are offered year round.

- You must have a Sports Pass in order to participate.
- Please register for a Leisure Card and a Sports Pass https://apm.activecommunities.com/columbusrecparks/Home

# <u>Fitness Rooms: Operating hours are 10 minutes after opening to 30 minutes before closing</u> Passes: Session, Annual or One Day

- ✓ Age 49 and under: Session Pass (Winter, Spring, Summer etc.)-\$15 Annual Pass-\$60
- ✓ Age 50+: Session Pass (Winter, Spring, Summer etc.)-\$10 Annual Pass-\$40.00
- ✓ Day Passes: \$1.00, must be used on the day of purchase.
- Our Cardio and Weight Rooms are open for participants who have a current Fitness Pass/Membership. A shirt is required when using the Weight or Cardio Rooms at Marion Franklin.
- Please register for a Leisure Card and a Fitness Pass at https://apm.activecommunities.com/columbusrecparks/Home
- All members must complete an updated waiver form. Forms can be obtained at the front desk.

#### **Refund Policy**

- A 100% refund will be given only if you withdraw from a class before its start date.
- If you withdraw prior to the second class, a 50% refund will be given.
- No refunds are available after the second class unless extraordinary circumstances apply.

