

Linden Community Center



2025 Winter Session

Session: January 13th - March 15th | Registration: Jan. 9th - Jan. 13th

Center Hours

SUN	Closed
MON	8:00 a.m. – 8:00 p.m.
TUE	8:00 a.m. – 8:00 p.m.
WED	8:00 a.m. – 8:00 p.m.
THU	8:00 a.m. – 8:00 p.m.
FRI	8:00 a.m. – 8:00 p.m.
SAT	9:00 a.m.- 4:00 p.m.

Location / Contact

Center Manager
Ian Nixson

1350 Briarwood Ave
Columbus, Ohio 43224

(614) 645-3067



THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

RECREATION AND PARKS
DEPARTMENT

ColumbusRecParks.com

Winter Program Schedule

Linden Opportunity Center Update: 5/3/23



<u>DAY</u>	<u>#</u>	<u>CLASS NAME</u>	<u>BEGINS</u>	<u>ENDS</u>	<u>START</u>	<u>END</u>	<u>AGE</u>	<u>INSTRUC TOR</u>	<u>FEE</u>
ADULT & SENIOR PROGRAMS									
M-Fr	N/A	Walking Track	1/13	3/14	8:00am	8:00pm	18+	N/A	Free
M-Fr	N/A	Fitness Room (Fitness Pass Required)	1/13	3/14	8:00am	8:00pm	18+	N/A	Annual: \$60/\$40 Session: \$15/ \$10 Daily \$1
M/W/ F	N/A	Adult Open Pickleball (Sports Pass Required)	1/13	3/14	12:00pm	2:00pm	18+	N/A	\$10
M		Intro to Pickleball	1/13	3/10	11:00am	12:00pm	18+	Dan	FREE
M		Cycling + Fitness	1/13	3/10	5:30pm	6:30pm	18+	Ms. Juanita	FREE
M		Adult Sewing (Beginner)	1/13	3/10	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
Tu/Th /Sa	-	Adult Open gym basketball (Sports Pass Required)	1/14	3/9	12:00pm	2:00pm	18+	N/A	\$10
Tu	-	Phoenix Group	1/14	3/11	9:00am	11:00am	18+		
Tu	-	Adventures (Group)	1/14	3/11	11:30pm	12:30pm	18+		
Tu		Eat Smart! Live Strong! Senior Nutrition	1/14	3/11	10:00am	11:00am	50+	Ms. Moore	FREE
Tu		Wex + Linden Rec Family Clay Community Studio	1/14	3/11	5:00pm	7:30pm	18+	OSU Wex	FREE
Tu		Adult Sewing (Intermediate)	1/14	3/11	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
W/F	-	Life Care Alliance Senior Meals	1/15	3/14	11:00am	12:30pm	55+	N/A	FREE
W		40+ Double Dutch	1/15	3/12	6:00pm	8:00pm	40+	Volunteer	FREE
W		Senior Fitness	1/15	3/12	9:00am	10:00am	50+	Mr. Bernard	FREE

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W/F		Line Dance	1/15	3/8	10:00am	12:00pm	50+	Mr. Bernard	FREE
W		Senior Bingo	1/15	3/12	11:30	1:00pm	50+	Ms. Valeria Davis	FREE
W		Adult Sewing (Beginner)	1/15	3/12	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
W		Wellness Wednesdays	1/29	3/26	4:00pm	7:00pm	All ages	Ashaya Smith	FREE (once a month)
W		Adult Fitness	1/15	3/12	5:30pm	6:30pm	18+	Ms. Juanita	FREE
W		Yoga	1/15	3/12	5:30pm	6:30pm	All Ages	Keisha	\$75
W		Full body burn	1/15	3/12	6:30pm	7:30pm	18+	JoAnn	FREE
Th		Adult Sewing (Intermediate)	1/16	3/13	5:30pm	7:30pm	18+	Ms. Muhammed	FREE
Sa		Canning Class	1/18	3/15	11:30am	3:30pm	18+	Ms. Muhammed	FREE
Sa		40+ Double Dutch	1/18	3/15	10:00am	11:00am	40+	Volunteer	FREE
Sa		Intro to D.J.	1/18	3/15	11:00am	1:00pm	18+	Akeem	FREE
Sa		African Movement	1/18	3/15	12:00pm	1:30pm	18+	Yvonne Mumin	FREE
YOUTH & TEEN PROGRAMS									
M-Fr		After School Rec Club (ARC)	1/13	3/14	3:30pm	5:30pm	6-14yr	CRPD Staff	FREE
M-F	-	Afterschool Meals	1/13	3/14	3:00pm	5:00pm	6-17yr	CRPD Staff	FREE
M-Th		CRPD Youth basketball league practice and games	1/13	3/13	6:00pm	8:00pm	6-12yr	CRPD Staff	FREE
M		TCI Pre-K Gymnastics	1/13	3/10	4:00pm	4:30pm	4-5yr	TCI staff	\$45 (Play Eligible)
M		TCI Beginner Tumbling	1/13	3/10	4:30pm	5:30pm	6-14yr	TCI staff	\$65 (Play Eligible)

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M		Tumbling Tots Hoppers	1/13	3/10	10:00am	10:30am	2yr	Tumbling Tots Staff	\$130 (Play Eligible)
M		Tumbling Tots Jumpers	1/13	3/10	11:00am	11:45am	3yr	Tumbling Tots Staff	\$130 (Play Eligible)
M		Tumbling Tots Leapers	1/13	3/10	12:00am	12:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
M		Tumbling Tots Flyers	1/13	3/10	1:00pm	1:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
M		Boys to Men	1/13	3/10	4:00pm	5:00pm	6-12yr	Migeal	FREE
M		Elegant Divas	1/13	3/10	4:00pm	6:00pm	6-12yr	CPRD Staff	FREE
M/W	-	Parable Project	1/13	3/12	3:00pm	4:30pm	11-13yr	Jason	
Tu		Wex + Linden rec Kids Afterschool Community Studio	1/14	3/11	4:30pm	6:00pm	7+	OSU Wex	FREE
Tu		Tumbling Tots Hoppers	1/14	3/11	10:00am	10:30am	2yr	Tumbling Tots Staff	\$130 (Play Eligible)
Tu		Tumbling Tots Jumpers	1/14	3/11	11:00am	11:45am	3yr	Tumbling Tots Staff	\$130 (Play Eligible)
Tu		Tumbling Tots Leapers	1/14	3/11	12:00am	12:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
Tu		Tumbling Tots Flyers	1/14	3/11	1:00pm	1:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
Tu		Intro to Keyboard practice	1/14	3/11	4:00pm	6:00pm	9-17yr	KIRK Horn Music	FREE
Tu/Th		Intro to Dance	1/14	3/13	6:00pm	7:00pm	7+	CPAA	\$25 (Play Eligible)
Tu/Th		Majorette Skills	1/14	3/13	7:00pm	8:00pm	7+	CPAA	\$25 (Play Eligible)

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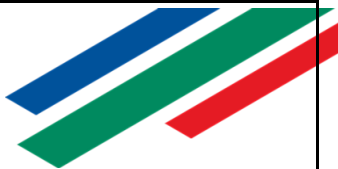
W		Tumbling Tots Hoppers	1/15	3/12	10:00am	10:30am	2yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Tumbling Tots Jumpers	1/15	3/12	11:00am	11:45am	3yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Tumbling Tots Leapers	1/15	3/12	12:00am	12:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Tumbling Tots Flyers	1/15	3/12	1:00pm	1:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Grange Audubon	1/15	3/12	4:00pm	5:00pm	6-14yr	Grange staff	FREE
W		KIRK Horn Music Band	1/15	3/12	4:00pm	7:00pm	9-17yr	KIRK Horn Music	FREE
W/F		Sporties for Shorties	1/15	3/14	10:30am	11:00am	3-5yr	CRPD Staff	FREE
W		Tumbling Tots Jumpers	1/15	3/13	5:00pm	5:45pm	3yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Tumbling Tots Leapers	1/15	3/13	6:00pm	6:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
W		Tumbling Tots Flyers	1/15	3/13	7:00pm	7:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
W	-	Open Game Room	1/15	3/12	5:00pm	6:00pm	6-12yr	CRPD Staff	FREE
W		Cooking 101	1/15	3/12	6:00pm	7:00pm	6-13yrs	Mrs. Tori	FREE
Th		ART	1/16	3/13	4:30pm	6:00pm	9-15yr	LaKenna	FREE
Th		Tumbling Tots Hoppers	1/16	3/13	10:00am	10:30am	2yr	Tumbling Tots Staff	\$130 (Play Eligible)



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Th		Tumbling Tots Jumpers	1/16	3/13	11:00am	11:45am	3yr	Tumbling Tots Staff	\$130 (Play Eligible)
Th		Tumbling Tots Leapers	1/16	3/13	12:00am	12:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
Th		Tumbling Tots Flyers	1/16	3/13	1:00pm	1:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
Th		Tumbling Tots Hoppers	1/16	3/13	5:00pm	5:45pm	2yr	Tumbling Tots Staff	\$130 (Play Eligible)
Th		Tumbling Tots Leapers	1/16	3/13	6:00pm	6:45pm	4yr	Tumbling Tots Staff	\$130 (Play Eligible)
Th		Tumbling Tots Flyers	1/16	3/13	7:00pm	7:45pm	5yr	Tumbling Tots Staff	\$130 (Play Eligible)
F		Music Production	1/17	3/14	5:00pm	7:00pm	16+	Akeem	FREE
F		Teen Open Gym	1/17	3/14	6:00pm	7:30pm	13-17yr	CRPD Staff	FREE
Sa		Capoeira Brasil Experiencia Linden	1/18	3/22	9:30am	11:30am	10+	Joseph Lewis	FREE (Every 3 rd Saturday)
Sa		Brown Girls Mentoring	1/18	3/15	12:00pm	2:00pm	5-13yr	Brown Girls Mentoring	1 st & 3 rd Saturday of the Month \$60 (PLAY Eligible)
Sa		Football condition/skill training	1/18	3/15	10:00am	12:00pm	13-17yr	Volunteer	FREE



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WIC is a supplemental nutrition program for women (pregnant, postpartum and breastfeeding), infants and children up to 5 years old. WIC provides nutrition education, nutritious foods, and breastfeeding education and support.

Expand access to high-quality Women’s Health and Primary Care clinical services for Linden residents regardless of ability to pay. Improve the health of the Linden population through addressing Social Determinants of Health via Care Management and Community Health Workers. Establish learning partnership with Linden Opportunity Center to grow clinical and Social programming to appropriately address needs of the community.

When trauma happens to one, it happens to all of us. You don’t have to heal from trauma alone. A social worker will connect you with resources based on your personal needs. For more information learn more at www.columbus.gov/CARE.

Healthy Neighborhoods Healthy Families (HNHF) focuses on creating positive health outcomes in the community. Our work with Economic Development is a crucial part of neighborhood revitalization creating the opportunity for residents to obtain stable employment at a livable wage. Essential career services are provided to unemployed and low-income residents. These services include individualized career planning, employment skills training, job placement, and retention services.



Created in 2011, by former Mayor Michael B. Coleman, the mission of the APPS program is to reduce crime and violence by increasing protective factors in the lives of Columbus youth and young adults (ages 14-23) through proven prevention and intervention strategies. The initiative’s prevention strategies include offering safe and constructive alternatives to violence while youth development professionals provide mentorship through enrichment activities at Linden Community Center.

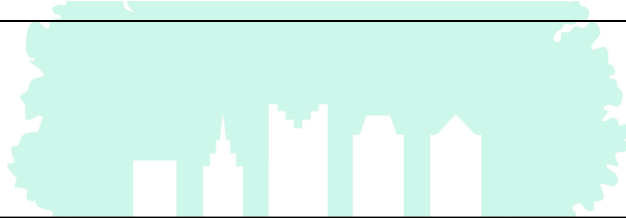
COAAA arranges and coordinates services to help individuals with daily living such as homemaking, transportation, home delivered meals, and personal care. COAAA offers education and resources to caregivers, professionals, and the public and advocates for programs and policies that benefit older adults and individuals with disabilities.

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	<p>Nationwide Children Proud Parent Program is a FREE program for parents or caregivers for children ages 1 to 7. Build a community by learning from other parents/caregivers and learn skills and techniques for raising young children!</p> <p> SCAN HERE for more details!</p>
	<p>Nationwide Children's offers FREE training and coaching for community residents, ages 18 and older, designed to help you get a job and grow your career. Scan the QR code to enroll in the BOOST Job Readiness Program</p> <p> SCAN HERE for more details!</p>



FITNESS ROOM:

Linden is a "Get Active" fitness center. The following are the membership fees: Ages 18-49: \$1/day or \$15.00/session, or \$60/year. For people over the age of 50, each session costs \$1/day or \$10.00/session, or \$40/year. Fees must be paid to the City of Columbus. To use the fitness room, children ages 14 to 17 must be accompanied by a paid parent or guardian.

DROP-IN SPORTS PASS:

Adult open play activities (badminton, pickleball, volleyball, and open gym) are valid at any CRPD facility that offers Adult Open Play. The cost per session is \$10 (winter, spring, summer, Fall). There are also \$1 day pass. All participants must have an account, be registered, and be paid to participate! If you have any questions, please see the center staff!

Each participant must be registered and enrolled in a program or class and actively participating. Class Schedules, Dates, and Fees are subject to change. For the most up-to-date information, please visit <https://columbusrecparks.com/community-center/linden/>.

Closures:

January 15th 2024 (Martin Luther King Day)
February 19th 2024 (Presidents Day)



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